

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations: 1 capsule daily,
or as directed by your healthcare
professional.

Warning: Do not take if pregnant or
lactating. To help avoid any possible
toxicity take essential fatty acids (Flax
or Fish Oil) when using this product.

CONTAINS NO COATINGS, BINDERS, YEAST, WHEAT,
GLUTEN, MILK/DAIRY, CORN PROTEIN, SOY PROTEIN,
EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL
COLORING, ARTIFICIAL FLAVORING, OR PRESERVATIVES.

MADE IN THE USA



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VITAL
NUTRIENTS

Lithium
(orotate)

20mg

DIETARY SUPPLEMENT

90 CAPSULES



**VEG
CAPS**

Supplement Facts

serving size: 1 capsule
servings per container: 90

	amount per serving
Lithium (orotate)	20mg*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,
Calcium Carbonate, Silicated Cellulose, and
Ascorbyl Palmitate.

Independently tested for
authenticity, potency, solvent
residue, stability and bacteria,
yeast and mold counts.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA