

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

2 capsules 2 times daily with meals, or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST, WHEAT, GLUTEN, MILK/DAIRY, SOY PROTEIN, CORN PROTEIN, EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL COLORING, ARTIFICIAL FLAVORING OR PRESERVATIVES.

Independently tested for authenticity, potency, solvent residue, stability and bacteria, yeast and mold counts.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

manufactured by
VITAL NUTRIENTS

45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA



Multi-Nutrients V

Multi-Vitamin/Mineral
with Antioxidants
(No Boron, Copper, or Iron)



DIETARY SUPPLEMENT

120 CAPSULES

Supplement Facts

serving size: 4 capsules - servings per container: 30

	amount per serving	% daily value
Vitamin A (as 86% beta carotene and mixed carotenoids and 14% vitamin A acetate)	17,500IU	350%
Vitamin C	250mg	417%
Vitamin D3 (as cholecalciferol)	800IU	200%
Vitamin E (as d-alpha tocopheryl succinate)	300IU	1000%
Thiamin (as thiamine HCl)	25mg	1667%
Riboflavin	25mg	1470%
Vitamin B6 (as pyridoxine HCl)	25mg	1250%
Folate (as L-5-MTHF) Metafolin®	400mcg	100%
Vitamin B12 (as cyanocobalamin)	1000mcg	16,666%
Biotin	300mcg	100%
Pantothenic Acid (as calcium pantothenate)	100mg	1000%
Calcium (as dicalcium malate)	250mg	25%
Iodine (as potassium iodide)	150mcg	100%
Magnesium (as dimagnesium malate)	200mg	50%
Zinc (as zinc citrate)	30mg	200%
Selenium (as selenomethionine)	400mcg	571%
Manganese (as manganese citrate)	5mg	250%
Chromium (as chromium polynicotinate)	200mcg	166%
Molybdenum (as molybdenum aspartate)	100mcg	132%
Niacinamide	100mg	*
Pyridoxal 5' phosphate	5mg	*
Vanadium (as vanadium citrate)	10mcg	*
Quercetin dihydrate (min. 90% by HPLC)	100mg	*

* Daily Value not established

Other Ingredients: Gelatin Capsule, Leucine, and Silica.

MADE IN THE USA