

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

**KEEP OUT OF
REACH OF CHILDREN.**
Store in a cool, dry place.

ACTUAL SIZE

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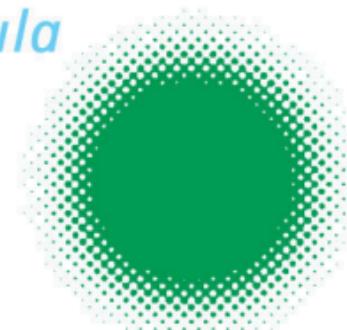
GNC

Multi Mega Minerals®

DIETARY SUPPLEMENT

*comprehensive
mineral formula*

100 CAPLETS



CODE 139111

ALG

Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 50

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin D (as Cholecalciferol D-3)	400 IU 100%	Manganese (as Hydrolyzed Protein Chelate)	10 mg 500%
Calcium (as Calcium Carbonate)	1000 mg 100%	Chromium (as Hydrolyzed Protein Chelate)	100 mcg 83%
Iron (as Hydrolyzed Protein Chelate)	18 mg 100%	Chloride (as Potassium Chloride)	90 mg 3%
Iodine (as Kelp)	150 mcg 100%	Potassium (as Potassium Chloride)	95 mg 3%
Magnesium (as Magnesium Oxide)	500 mg 125%	Zinc (as Hydrolyzed Protein Chelate)	22.5 mg 150%
Copper (as Hydrolyzed Protein Chelate)	3 mg 150%	Betaine Hydrochloride	100 mg *

* Daily Value not established.

Other Ingredients: Cellulose.

Potencies verified by GNC procedure #4000. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, No Gluten, No Dairy, Yeast Free.

All mineral amounts shown are elemental.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Lot No./Best By: