

Lecithin provides nutrients such as phosphatidylcholine, which supports liver health and neurologic transmission in the brain - a key factor in learning and memory.† The phospholipids in lecithin can be incorporated into cell membranes, helping cells to communicate and respond to messages from the environment.† Although lecithin is a lipid, it is partially water soluble and can help disperse fats due to its role as an emulsifying compound. This role is critical in the body where fat components and water components must continuously interact.

We Guarantee Our Supplements
for Potency and Purity

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Non-GMO Source
**SUNFLOWER
LECITHIN**
2,000 mg

Supports Brain & Liver Health†
Dietary Supplement



120 SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value
Sunflower Lecithin (naturally contains a minimum 10% phosphatidylcholine)	2,000 mg *

* Daily Value not established

OTHER INGREDIENTS: CAPSULE (GELATIN, GLYCERIN, WATER),
SUNFLOWER OIL.

SUGGESTED USE: Take one or more softgels daily with food.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

VVL 465-120A

