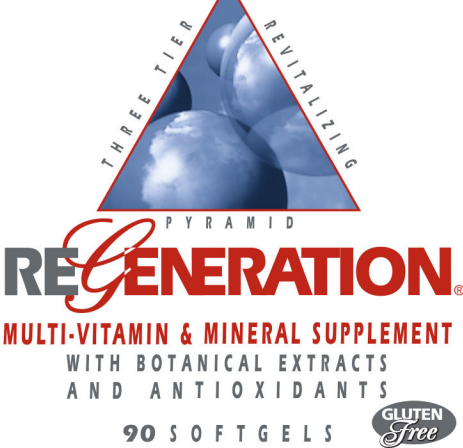


Natures Plus®



Supplement Facts

Serving Size 3 Softgels, Servings Per Container 30

|                                                                  | Amount Per Serving | %DV   |
|------------------------------------------------------------------|--------------------|-------|
| Calories.....                                                    | 20                 |       |
| Calories from Fat .....                                          | 10                 |       |
| Total Fat .....                                                  | 1.5 g .....        | 2% ** |
| Vitamin A (as beta carotene).....                                | 25,000 IU .....    | 500%  |
| Vitamin C (as ascorbic acid).....                                | 200 mg .....       | 333%  |
| Vitamin D (as ergocalciferol).....                               | 400 IU .....       | 100%  |
| Vitamin E (as d-alpha tocopheryl acetate) .....                  | 200 IU .....       | 667%  |
| Thiamin (vitamin B1) (as thiamine HCl) .....                     | 50 mg .....        | 3333% |
| Riboflavin (vitamin B2) .....                                    | 50 mg .....        | 2941% |
| Niacin (as niacinamide) .....                                    | 50 mg .....        | 250%  |
| Vitamin B6 (as pyridoxine HCl).....                              | 50 mg .....        | 2500% |
| Folate (as folic acid) .....                                     | 400 mcg .....      | 100%  |
| Vitamin B12 (as cyanocobalamin) .....                            | 100 mcg .....      | 1667% |
| Biotin .....                                                     | 300 mcg .....      | 100%  |
| Pantothenic Acid (as calcium pantothenate).....                  | 100 mg .....       | 1000% |
| Calcium (as amino acid chelate/complex).....                     | 100 mg .....       | 10%   |
| Iron (as amino acid chelate/complex).....                        | 4.5 mg .....       | 25%   |
| Iodine (from kelp).....                                          | 150 mcg .....      | 100%  |
| Magnesium (as amino acid chelate/complex)....                    | 50 mg .....        | 13%   |
| Zinc (as amino acid chelate/complex).....                        | 15 mg .....        | 100%  |
| Selenium (as amino acid complex).....                            | 20 mcg .....       | 29%   |
| Copper (as glycinate).....                                       | 1 mg .....         | 50%   |
| Manganese (as amino acid chelate/complex) .....                  | 5 mg .....         | 250%  |
| Chromium (as polynicotinate‡) .....                              | 50 mcg .....       | 42%   |
| Molybdenum (as amino acid complex).....                          | 20 mcg .....       | 27%   |
| Potassium (as glycerophosphate).....                             | 25 mg .....        | <1%   |
| Milk Thistle Seed ( <i>Silybum marianum</i> ).....               | 75 mg.....         | †     |
| (stand. 80% [60 mg] silymarin)                                   |                    |       |
| Juniper Berry ( <i>Juniperus communis</i> ) .....                | 50 mg.....         | †     |
| Celery Seed 4x ( <i>Apium graveolens</i> ).....                  | 50 mg.....         | †     |
| Cayenne Fruit ( <i>Capsicum frutescens</i> ).....                | 50 mg.....         | †     |
| Echinacea Root ( <i>Echinacea purpurea</i> ).....                | 50 mg.....         | †     |
| Bioflavonoids (from <i>Citrus limon</i> exocarp).....            | 50 mg.....         | †     |
| Choline (as bitartrate).....                                     | 50 mg.....         | †     |
| Inositol.....                                                    | 50 mg.....         | †     |
| Korean Ginseng Root Complex ( <i>Panax ginseng</i> ).....        | 50 mg.....         | †     |
| (stand. 5% [2.5 mg] ginsenosides)                                |                    |       |
| Glucosamine Sulfate (aminomonosaccharide).....                   | 30 mg.....         | †     |
| (from bovine cartilage, shark cartilage and/or crustacean shell) |                    |       |
| Parsley Leaf ( <i>Petroselinum crispum</i> ) .....               | 27 mg.....         | †     |
| Chinese Green Tea Leaf Extract ( <i>Camellia sinensis</i> )      | 25 mg.....         | †     |
| (stand. 40% [10 mg] polyphenols)                                 |                    |       |
| Borage Seed Oil ( <i>Borago officinalis</i> ).....               | 25 mg.....         | †     |
| (stand. 25% [6.3 mg] gamma linolenic acid)                       |                    |       |
| Ginkgo Biloba Leaf (stand. 24% [2.4 mg] ginkgo- ...              | 10 mg.....         | †     |
| flavone glycosides, 6% [0.6 mg] terpene lactones)                |                    |       |
| Bilberry Fruit ( <i>Vaccinium myrtillus</i> ).....               | 5 mg.....          | †     |
| (stand. 25% [1.3 mg] anthocyanosides)                            |                    |       |
| Grape Seed Extract ( <i>Vitis vinifera</i> ) .....               | 5 mg.....          | †     |
| (stand. 95% [4.75 mg] polyphenols)                               |                    |       |
| Oleoresin Turmeric Rhizome ( <i>Curcuma longa</i> ) .....        | 5 mg.....          | †     |
| (stand. 90%-95% [4.5-4.8 mg] curcumin)                           |                    |       |
| Vanadium (as vanadyl sulfate).....                               | 1 mg.....          | †     |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Safflower oil, gelatin, calcium citrate, glycerin, magnesium oxide, purified water, beeswax, sunflower lecithin, natural color (caramel, annatto), selenomethionine, sunflower oil, di-calcium phosphate, olive oil, rice flour, silica, non-GMO maltodextrin. All minerals are whole brown rice amino acid chelates.

Nutritional Support for  
Natural Energy Production  
and Overall Well-Being.\*

Free from artificial colors and preservatives.  
Free from the common allergens yeast, wheat, soy and milk.  
**DIRECTIONS:** As a dietary supplement, three softgels once daily with a meal.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

CHROMEMATE® is a registered trademark of InterHealth N.I.

**Regeneration**, an innovative advancement in multiple vitamin and mineral formulation, is a three-tier revitalizing pyramid. Just three power-packed soft gelatin capsules provide a daily nutritional program, complete with a precisely engineered profile of nutrients and highly specialized botanical extracts.

Tier I replenishes the body's nutrient stores with a high-energy profile of twenty-seven vitamins and minerals, including mega-potencies of beta carotene and vitamin E. These essential factors are vital for the liberation of energy from foods and the formation of structural components within the body.

Tier II assists in the natural cleansing process. As toxins build up within the body, cellular function is compromised, resulting in low energy and poor health. Select botanical extracts such as standardized milk thistle, quadruple-strength celery seed and parsley leaf concentrate are believed to support the natural cleansing and rejuvenation process.

Tier III helps support the body's natural defenses. The healthy effects of antioxidants are well documented throughout scientific literature. Botanical extracts such as standardized ginkgo biloba, wild grape seed extract and Chinese green tea are believed to be the most powerful, natural antioxidants ever discovered.

**Regeneration**, a three-tier revitalizing pyramid, is an unparalleled multiple vitamin and mineral formulation for cellular replenishment, cleansing and protection.



Manufactured with LOVE ♥ for  
**NATURE'S PLUS**  
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