

PROD. NO. 72445

NO YEAST, NO WHEAT,
NO GLUTEN, NO MILK OR MILK
DERIVATIVES, NO LACTOSE,
NO SUGAR, NO PRESERVATIVES,
NO SOY, NO ARTIFICIAL COLOR,
NO ARTIFICIAL FLAVOR,
NO SODIUM.



ITEM 413316 W10093-0916-FD

B12625

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FINEST
NUTRITION

ENERGY METABOLISM*

B-COMPLEX

WITH VITAMIN C

**HIGH POTENCY B-COMPLEX
WITH VITAMIN C**

SUPPORTS IMMUNE SYSTEM HEALTH*

DIETARY
SUPPLEMENT

200 CAPLETS • ONE PER DAY

USE ONLY IF INNER SEAL IS NOT BROKEN OR MISSING.

Suggested Use: As a dietary supplement for adults, take one (1) caplet daily with the meal of your choice.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		%Daily Value
Vitamin C (as Niacinamide Ascorbate and Ascorbic Acid)	500 mg	833%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (as Niacinamide Ascorbate)	100 mg	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	12 mcg	200%
Biotin (as d-Biotin)	45 mcg	15%
Pantothenic Acid (as d-Calcium Pantothenate)	20 mg	200%
Choline Bitartrate	1 mg	**
Inositol	1 mg	**
PABA (Para-Aminobenzoic Acid)	1 mg	**

**Daily Value not established.

OTHER INGREDIENTS: Cellulose (Plant Origin), Dicalcium Phosphate. Contains <2% of: Cellulose Coating, Croscarmellose, Gelatin, Maltodextrin, Mannitol, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

WARNING: If you are pregnant, nursing a baby or considering becoming pregnant, ask a doctor before using this product. If you are taking medication, have any medical condition, facing surgery or have bleeding problems, consult your physician before taking this product.

Keep out of reach of children.

Store at room temperature, tightly closed.

B-Complex Vitamins help convert food into energy and are necessary for normal functioning of the nervous system.* Vitamin C helps protect the body's cells from potential oxidative damage, fights free radicals and supports the immune system.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Questions or comments? 1-800-925-4733

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FRESHNESS & POTENCY GUARANTEED THROUGH: