

Supplement Facts

Serving Size 1 Packet (46 g)

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 190		Potassium 190 mg	5%
Calories from Fat 30		Sensory [®] Ashwagandha 62.5 mg	***
Total Fat 3 g	5%***	Extract (root & leaf)	***
Saturated Fat 1 g	5%***	Carnosyn [®] Beta-Histidine 132 mg	***
Cholesterol 90 mg	30%***	L-Glutamine 330 mg	***
Sodium 140 mg	6%***	Arniogen [®] Enzymes 50 mg	***
Total Carbohydrate 8 g	3%***	L-Carnitine 165 mg	***
Sugars 5 g	6%***	Choline 66 mg	***
Protein 30 g	60%***	MitoSignal [®] (larginine nicotinyl silicate) 250 mg	***
Thiamin 1 mg	60%	Medium Chain Triglycerides (MCT) 280 mg	***
Riboflavin 1.1 mg	65%	Branched Chain Amino Acids (BCAA's) 7,082 mg (7 g)	***
Niacin 13 mg	65%	L-Leucine	***
Vitamin B6 1.3 mg	65%	L-Isoleucine	***
Folate 264 mcg	66%	L-Valine	***
Vitamin B12 4 mcg	67%		
Biotin 198 mcg	66%		
Calcium 140 mg	14%		
Phosphorus 120 mg	12%		
Magnesium 20 mg	5%		

INGREDIENTS: Protein Blend (Whey Protein Concentrate, Micellar Casein, Whey Protein Isolate), Gensified Honey, Creatine 2%, or less of Arniogen[®] enzymes, BCAAs, beta-in, calcium phosphate, carnitin, Carnosyn[®] beta-histidine, choline bitartrate, quercetin, creatine, ethyl alcohol, keto acid, guar gum, gum arabic, L-carnitine, L-glutamine, maltodextrin, medium chain triglycerides, natural flavors, natural fruit flavors, natural vanilla flavor, niacinamide, NitroSignal[®] (larginine nicotinyl silicate), oil of flax, propylene glycol, pyridoxine hydrochloride, riboflavin, salt, Sensory[®] ashwagandha, silicon dioxide, soy lecithin, stevia, thiamine hydrochloride.

Contains Milk, Soy.

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Questions? Comments? Call 1-888-688-4032
weekdays 8:30 a.m. - 5:00 p.m. (Eastern Time)

ANYTHING IS POSSIBLE[®]



visit www.ironmanprotein.com

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.
DO NOT USE FOR WEIGHT REDUCTION.

PROTEIN SUPPLEMENT
NET WT. 1.62 oz (46 g)

TAHITIAN VANILLA FLAVOR

- Patented ingredients help reduce stress & promote blood flow during times of activity.
- Helps restore energy & enhance recovery process.*
- Advanced protein matrix optimizes endurance with superior absorption & sustained action.*

30g
PROTEIN
SUPERIOR
BCAAs

NO
ARTIFICIAL
FLAVORS OR
SWEETENERS

WHILE

PROTEIN

IRONMAN[®]