

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

1 to 2 capsules once or twice daily, or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST, WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN, SOY PROTEIN, EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL COLORING, ARTIFICIAL FLAVORING OR PRESERVATIVES.

Independently tested for authenticity, potency, solvent residue, stability and bacteria, yeast and mold counts.




VITAL
NUTRIENTS

Magnesium
(glycinate/malate)

120mg

DIETARY SUPPLEMENT

100 CAPSULES

Supplement Facts

serving size: 1 capsule
servings per container: 100

	amount per serving	% daily value
Magnesium (50% as magnesium glycinate and 50% as dimagnesium malate)	120mg	30%

Other Ingredients: Gelatin Capsule,
Magnesium Silicate, and Ascorbyl Palmitate.

MADE IN THE USA

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA