

Amount Per Serving	% Daily Value
Choline (as Choline Bitartrate)	50 mcg *
para-Aminobenzoic Acid (PABA)	50 mcg *
Citrus Bioflavonoid Complex	50 mg
Coenzyme Q-10 Powder (Natural)	75 mcg *
Soy Lecithin Powder	50 mg *
Lutein (as Lutein Esters)	300 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Potencies verified by GNC procedure #5015.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

No Sugar, No Artificial Colors,
No Preservatives, No Wheat,
No Gluten, No Dairy.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For more information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



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Solotron® 50 Plus is scientifically designed to meet the changing needs of adults over 50. This formula combines important ingredients essential to maintaining good health and to address common nutritional concerns of mature adults.

Healthy Aging

- Supplies natural Coenzyme Q-10. Co Q-10 is involved in the process that produces cellular energy.* As people get older, the amount of Co Q-10 in the body may diminish.
- Includes calcium, magnesium, vitamin C and vitamin D-3, key nutrients to help build bones and maintain healthy teeth.*
- Provides an impressive line-up of minerals, including iron; which is essential to building blood and zinc to support natural resistance.*

Heart Health

- Features heart-friendly vitamins B6, B12 and folic acid in a complex of B-vitamins that are essential for carbohydrate metabolism and energy production.* Vitamins B6, B12 and folic acid may play a role in the maintenance of normal homocysteine levels important for cardiovascular health.*

Eye Health

- With lutein, an important carotenoid present in the central area of the retina. Lutein provides dietary support for eye health.*

Antioxidant Protection

- Delivers a powerful blend of antioxidants that offer protection from harmful free radicals, which can destroy healthy cells and promote the cell-aging process.*

For a complete nutritional program, be sure to include GNC Solotron® 50 Plus to your daily regimen.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC MULTIVITAMIN

Solotron® 50 PLUS

DIETARY SUPPLEMENT

*nutrition for adults
over 50*

Includes nutrients to support:

- healthy aging
- heart health
- eye health
- antioxidant protection

90 CAPLETS

CODE 138610

KKG

Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (67% as beta-Carotene; 33% as Acetate)	15000 IU 300%
Vitamin C (as Ascorbic Acid)	250 mg 417%
Vitamin D (as Cholecalciferol D-3)	400 IU 100%
Vitamin E (as Natural d-alpha Tocopheryl Succinate)	100 IU 333%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	35 mg 2333%
Riboflavin (Vitamin B-2)	35 mg 2059%
Niacin (as Niacin and Niacinamide)	35 mg 175%
Vitamin B-6 (as Pyridoxine Hydrochloride)	35 mg 1750%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	30 mcg 500%
Biotin	30 mcg 10%
Pantothenic Acid (as Calcium d-Pantothenate)	20 mg 200%
Calcium (as Calcium Carbonate)	200 mg 20%
Iron (as Ferronyl)	10 mg 56%
Phosphorus (as Dicalcium Phosphate)	35 mg 4%
Iodine (as Potassium Iodide)	30 mcg 20%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as Selenium Yeast)	25 mcg 36%
Copper (as Cupric Sulfate)	2 mg 100%
Manganese (as Manganese Sulfate)	3 mg 150%
Chromium (as GTF Chromium Yeast)	100 mcg 83%
Molybdenum (as Sodium Molybdate)	25 mcg 33%
Chloride (as Potassium Chloride)	72 mg 2%
Potassium (as Potassium Chloride)	80 mg 2%
Silica (as Hydrolyzed Protein Chelate)	10 mcg *
Nickel (as Nickel Sulfate)	5 mcg *
Inositol	50 mcg *