

Myology™ has pioneered the manufacture of premium sports nutrition supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness.

**WE GUARANTEE IT.**

**No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.**

**DIRECTIONS:** For adult men, take two (2) caplets daily, preferably with a meal.

**WARNING:** This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**TO REORDER ITEM # 17302**  
**www.puritan.com**  
**1-800-645-1030**

Carefully Manufactured for  
Myology Muscle Science  
By PURITAN'S PRIDE, INC.  
Ronkonkoma, NY 11779 U.S.A.  
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**MYOLOGY™**  
MUSCLE SCIENCE

# ULTRA MAN™ SPORTS MULTI

**HIGH POTENCY • TIMED RELEASE**

**Performance Formula  
Targeted for Active Men**

**90 COATED CAPLETS**

**DIETARY SUPPLEMENT**

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## Supplement Facts

Serving Size 2 Caplets  
Servings Per Container 45

| Amount Per Serving                                                      | %Daily Value   | Amount Per Serving                                                                                                                                                                                          | %Daily Value |
|-------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| Vitamin A (as Beta-Carotene)                                            | 5,000 IU 100%  | Potassium (as Potassium Chloride)                                                                                                                                                                           | 100 mg 3%    |
| Vitamin C (as Ascorbic Acid)                                            | 300 mg 500%    | Choline Bitartrate                                                                                                                                                                                          | 10 mg *      |
| Vitamin D (as D3 Cholecalciferol)                                       | 2,000 IU 500%  | Inositol                                                                                                                                                                                                    | 10 mg *      |
| Vitamin E (as d-Alpha Tocopheryl Acetate)                               | 30 IU 100%     | Boron (as Bororganic Glycine)                                                                                                                                                                               | 2 mg *       |
| Vitamin K (as Phytonadione)                                             | 80 mcg 100%    | Vanadium (as Sodium Metavanadate)                                                                                                                                                                           | 10 mcg *     |
| Thiamin (Vitamin B-1) (as Thiamin Mononitrate)                          | 60 mg 4,000%   | Silica                                                                                                                                                                                                      | 4 mg *       |
| Riboflavin (Vitamin B-2)                                                | 60 mg 3,529%   | UMS Special Sport Blend                                                                                                                                                                                     | 150 mg       |
| Niacin (as Niacinamide)                                                 | 60 mg 300%     | L-Glutamine, L-Cysteine, Taurine, N-Acetyl-L-Carnitine HCl, L-Arginine HCl, L-Carnitine Fumarate                                                                                                            |              |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                               | 60 mg 3,000%   | UMS BCAA Blend                                                                                                                                                                                              | 200 mg *     |
| Folic Acid                                                              | 400 mcg 100%   | L-Valine, L-Leucine, L-Isoleucine                                                                                                                                                                           |              |
| Vitamin B-12 (as Cyanocobalamin)                                        | 100 mcg 1,667% | UMS Creatine Amplifier Blend                                                                                                                                                                                | 200 mg *     |
| Biotin                                                                  | 500 mcg 167%   | Glycocyamine, Glycine Powder, L-Methionine                                                                                                                                                                  |              |
| Pantothenic Acid (as d-Calcium Pantothenate)                            | 60 mg 600%     | UMS Ginkgo Blend                                                                                                                                                                                            | 50 mg        |
| Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate) | 295 mg 30%     | Ginkgo Biloba ( <i>Ginkgo biloba</i> ) (leaf), Cayenne Pepper ( <i>Capsicum annuum</i> ) (fruit), Green Tea ( <i>Camellia sinensis</i> ) (leaf), Spirulina, Phosphatidylserine                              |              |
| Iodine (as Potassium Iodide)                                            | 150 mcg 100%   | UMS Antioxidant Blend                                                                                                                                                                                       | 50 mg        |
| Magnesium (as Magnesium Oxide)                                          | 100 mg 25%     | Citrus Bioflavonoid Complex ( <i>Citrus limon</i> ) (peel), Grape Seed Extract ( <i>Vitis vinifera</i> ), Bilberry Extract ( <i>Vaccinium myrtillus</i> ) (fruit), Alpha Lipoic Acid, Coenzyme Q-10, Lutein |              |
| Zinc (as Zinc Oxide)                                                    | 25 mg 167%     | UMS Bioactive Blend                                                                                                                                                                                         | 50 mg        |
| Selenium (as Sodium Selenate)                                           | 200 mcg 286%   | Flax ( <i>Linum usitatissimum</i> ) (seed), Saw Palmetto Extract ( <i>Serenoa repens</i> ) (fruit), Pumpkin Seed ( <i>Cucurbita pepo</i> ), Lycopene                                                        |              |
| Copper (as Cupric Oxide)                                                | 2 mg 100%      |                                                                                                                                                                                                             |              |
| Manganese (as Manganese Gluconate)                                      | 2 mg 100%      |                                                                                                                                                                                                             |              |
| Chromium (as Chromium Picolinate)                                       | 200 mcg 167%   |                                                                                                                                                                                                             |              |
| Molybdenum (as Sodium Molybdate)                                        | 75 mcg 100%    |                                                                                                                                                                                                             |              |

\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose. **Contains <2% of:** Acacia Gum, Calcium Silicate, Natural Palm Leaf Glaze, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk and soy ingredients.