

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



DIRECTIONS: For adults, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.



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WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

TO REORDER PROD. #6252
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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ULTRA WOMAN™

DAILY MULTI HIGH POTENCY | PREMIUM FORMULA FOR WOMEN

WOMEN'S HEALTH*

180 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 90

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene and Retinyl Acetate)	5,000 IU 100%	Manganese (as Manganese Gluconate)	2 mg 100%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Chromium (as Chromium Picolinate)	200 mcg 167%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%	Potassium (as Potassium Chloride)	30 mg 1%
Vitamin K (as Phytanadiene)	80 mcg 100%	Vanadium (as Sodium Metavanadate)	10 mcg **
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%	Boron (as Bororganic Glycine)	2 mg **
Riboflavin (Vitamin B-2)	50 mg 2,941%	Alpha Lipoic Acid	10 mg **
Niacin (as Niacinamide)	50 mg 250%	Hesperidin Complex	5 mg **
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%	Ultra Woman™ Proprietary Blend	100 mg **
Folic Acid	400 mcg 100%	Collagen (Hydrolyzed Gelatin), Choline (as Choline Bitartrate), Inositol, Silicon Dioxide	
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%	Ultra Woman™ Fruit and Vegetable Blend	50 mg **
Biotin (as d-Biotin)	1,000 mcg 333%	Citrus Bioflavonoids (<i>Citrus limon</i>) (peel), Black Currant	
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%	(<i>Ribes nigrum</i>) (fruit), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract (<i>Apium graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Lutein, Coenzyme Q-10, Resveratrol from (<i>Polygonum cuspidatum</i>) (root), Lycopene	
Calcium (as Calcium Carbonate)	500 mg 50%		
Iron (as Ferrous Fumarate)	18 mg 100%		
Iodine (as Potassium Iodide)	150 mcg 100%		
Magnesium (as Magnesium Oxide)	100 mg 25%		
Zinc (as Zinc Oxide)	15 mg 100%		
Selenium (as Sodium Selenate)	200 mcg 286%		
Copper (as Cupric Oxide)	2 mg 100%		

Other Ingredients: Vegetable Cellulose. **Contains -2% of:** Gelatin, Natural Palm Leaf Glaze, Silica, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk ingredients.



NUTRITION FROM THE SOURCE™

ULTRA WOMAN™

DAILY MULTI HIGH POTENCY | PREMIUM FORMULA FOR WOMEN

Full Spectrum Multi-Nutrient

Energy Production*

Hair, Skin & Nails*

Stress Factors

WOMEN'S HEALTH*

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Full Spectrum Multi-Nutrient

Each serving of Ultra Woman™ supplies numerous vitamins, minerals, herbs, plant nutrients and other important factors to meet your daily nutritional needs. This formula is specifically designed to support a woman's most important health concerns including bone strength, the immune system, nervous system health, heart health and more.*

Energy Production

Ultra Woman™ includes a synergistic blend of the most important nutrients for carbohydrate, fat and protein metabolism, such as Chromium, Zinc, Magnesium and several B Vitamins.* These essential nutrients support energy metabolism and production by helping your body convert food to energy.*

Hair, Skin & Nails

Ultra Woman™ is an excellent source of essential nutrients, such as Biotin, Vitamin C, Zinc and B Vitamins, to help you feel and look your best.* These nutrients work together to support vibrant skin and healthy hair and nails, supporting your beauty from within.*

Stress Factors

The B Vitamin Complex is made up of several essential nutrients that work well together to support nervous system health and overall well-being.* Taken every day, our high-potency complex provides nourishment for the occasional stresses of daily life.*

Antioxidant Support

Antioxidants such as Vitamin C, Vitamin E, Selenium and more work to help neutralize harmful free radicals.* Excessive free radicals can damage cell membranes.