

*Nutritional Support for
Natural Energy Production
and Overall Well-Being.**

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE  for NATURE'S PLUS
548 Broadhollow Rd., Melville, NY 11747, USA
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PRODUCT NO. 3087



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Great Taste  Vegetarian

Nature's Plus®

The Energy Supplements®

NATURAL PINEAPPLE FLAVOR ADULT'S CHEWABLE Multi-Vitamin and Mineral Dietary Supplement



90 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet

	%DV
Calories	10
Total Carbohydrate	2 g. <1%**
Sugars	2 g. †
Vitamin A (as beta carotene)	5000 IU 100%
Vitamin C (as ascorbic acid, sodium ascorbate)	150 mg 250%
Vitamin D (as ergocalciferol)	400 IU 100%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU 333%
Thiamin (vitamin B1) (as thiamine mononitrate)	15 mg 1000%
Riboflavin (vitamin B2)	15 mg 882%
Niacin (as niacinamide)	25 mg 125%
Vitamin B6 (as pyridoxine HCl)	15 mg 750%
Folate (as folic acid)	100 mcg 25%
Vitamin B12 (as cyanocobalamin)	15 mcg 250%
Biotin	20 mcg 7%
Pantothenic Acid (as calcium pantothenate)	20 mg 200%
Calcium (as gluconate, carbonate)	10 mg 1%
Iron (as gluconate, ferrous fumarate)	5 mg 28%
Iodine (as potassium iodide)	100 mcg 67%
Magnesium (as gluconate, oxide)	0.145 mg. <1%
Zinc (as gluconate, oxide)	0.325 mg 2%
Copper (as gluconate)	0.05 mg 3%
Manganese (as gluconate)	0.017 mg 1%

Lecithin (from soy)	25 mg. †
Choline (as bitartrate)	5 mg. †
Hesperidin (from <i>Citrus limon</i> exocarp)	5 mg. †
Betaine HCl	5 mg. †
Rutin (from <i>Sophora japonica</i> leaf)	2.5 mg. †
Bioflavonoids (from <i>Citrus limon</i> exocarp)	2.5 mg. †
PABA (para-aminobenzoic acid)	2.5 mg. †
Inositol	2.5 mg. †

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Sucrose, fructose, silica, natural flavors (pineapple, orange), magnesium stearate, curcumin, sweet malt, microcrystalline cellulose, rice bran and rose hips (*Rosa canina* fruit).