

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by

Natural Organics Laboratories, Inc., makers of **Nature's Plus**

9500 New Horizons Blvd., Amityville, New York 11701, USA

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PRODUCT NO. 3082



Vegetarian Yeast Free

Nature's Plus® The Energy Supplements®



Prenatal

Woman's Dietary Supplement



90 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value†	
Vitamin A (as beta carotene)	8000 IU	100%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate) ..	60 IU	200%
Thiamin (vitamin B1) (as thiamine HCl)	3 mg	176%
Riboflavin (vitamin B2)	3.4 mg	170%
Niacin (as niacinamide)	40 mg	200%
Vitamin B6 (as pyridoxine HCl)	4 mg	160%
Folate (as calcium-L-5-methyltetrahydrofolate)	800 mcg	100%
Vitamin B12 (as methylcobalamin)	12 mcg	150%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium pantothenate) ..	20 mg	200%
Calcium (as amino acid chelate/complex) ...	162 mg	12%
Iron (as amino acid chelate/complex)	18 mg	100%
Phosphorus (as amino acid complex)	125 mg	10%
Iodine (from kelp)	300 mcg	200%
Magnesium (amino acid chelate/complex) ...	100 mg	22%
Zinc (as gluconate)	7.5 mg	50%
Copper (as gluconate)	4 mg	200%

†Daily Value for pregnant or lactating women.

Other ingredients: Di-calcium phosphate, magnesium oxide, isolated soy protein, ferrous fumarate, microcrystalline cellulose, vegetable cellulose, calcium carbonate, magnesium stearate, stearic acid, rice bran, rose hips, potassium iodide, pharmaceutical glaze and silica.