

PROTOCOL

FOR LIFE BALANCE®

SUGGESTED USAGE: Mix or blend 1 level scoop daily into 8 oz. of cold water, milk or your favorite juice, or as directed by your healthcare practitioner.

HOW IT WORKS: Whey Protein Isolate, the purest form of whey protein available, delivers all of the essential amino acids [including branched chain amino acids (BCAA's)] without adding significant amounts of fat or carbohydrate to the diet. Our Whey Protein Isolate mixes instantly, contains no artificial sweeteners or flavors, and is easily digested.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

For more information on this product go to www.protocolforlife.com/P2172

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Whey Protein Isolate

Natural Unflavored

No Artificial Ingredients

Mixes Instantly

Microfiltered for Improved BCAA Profile

Net Wt. 2 lbs. (907 g)



Nutrition Facts

Serving Size 1 Level Scoop (approx. 28 g)
Servings Per Container about 32

Amount Per Serving		Calories from Fat 5	
		% Daily Value*	
Total Fat	0.5 g	< 1%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
Cholesterol	5 mg	2%	
Sodium	45 mg	2%	
Potassium	135 mg	4%	
Total Carbohydrate	< 1 g	< 1%	
Dietary Fiber	0 g	0%	
Sugars	< 1 g		
Protein	25 g	50%	
Vitamin A	0%	Vitamin C	0%
Calcium	15%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		2,000	2,500
		Calories	Calories
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram:			
Fat 9 · Carbohydrate 4 · Protein 4			

Ingredients: Microfiltered Whey Protein Isolate (including β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacro Peptides) and Soy Lecithin (< 1%).

Contains milk and soy.

Protocol For Life Balance®
395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 28 g Serving
L-Histidine	420
L-Isoleucine***	1568
L-Leucine***	2716
L-Lysine	2716
L-Methionine	560
L-Phenylalanine	812
L-Threonine	1708
L-Tryptophan	448
L-Valine***	1288
Non-Essential Amino Acids	
L-Alanine	1288
L-Arginine	588
L-Aspartic Acid	2716
L-Cysteine	728
L-Glutamic Acid	4788
Glycine	448
L-Proline	1540
L-Serine	1036
L-Tyrosine	756

** subject to natural variability

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

***Branched Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

CODE P2172 V3



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