**SUGGESTED USAGE:** Add 1 level scoop daily to 10 oz. of cold water, juice, or your favorite beverage, and blend; or use as directed by your healthcare practitioner.

HOW IT WORKS: Protocol for Life Balance® Plant Protein Complete is specifically formulated to provide a potent source of plant protein that is both easy to digest and abundant in amino acids. Our proprietary blend consists of non-GMO vegan protein from Pea, Brown Rice, Hemp and Quinoa sources. Each 1 scoop serving provides 22 grams of protein, and has more than 3,500 mg of branched chain amino acids and 1,500 mg of L-Arginine. Naturally sweetened with xylitol and stevia extract with a hint of natural vanilla, Protocol for Life Balance® Plant Protein Complete tastes great and mixes easily.

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.



## Plant Protein Complete

## Natural Vanilla Flavor`

Non-GMO, 22 g Protein

Vegan Protein Blend of
Pea, Brown Rice, Hemp, Quinoa
No Soy, No Dairy

Net Wt. 2 lbs. (907 g)

## **Nutrition Facts**

Amount Per Serving

Serving Size 1 Level Scoop (approx. 38 g) Servings Per Container about 24

Calories 130	Calories from Fat 2
	% Daily Value
Total Fat 2 g	39
Saturated Fat 0 g	0°
Trans Fat 0 g	
Cholesterol 0 mg	09
Sodium 360 mg	159
Potassium 150 mg	49
Total Carbohydrat	<b>e</b> 7 g <b>2</b> 9
Dietary Fiber 2 g	89
Sugars < 1 g	
Xylitol 2 g	
Protein 22 g	449
Vitamin A 0%	<ul> <li>Vitamin C 0%</li> </ul>
Calcium 2%	<ul> <li>Iron 35%</li> </ul>
	are based on a 2,000 calorie die be higher or lower depending on 2,000 2,500 Calories Calories
	than 65g 80g than 20g 25g than 300mg 300mg than 2,400mg 2,400mg

Ingredients: Non-GMO Plant Protein Blend (Yellow Pea Protein Isolate, Sprouted Brown Rice Protein Concentrate, Hemp Protein, Quinoa Protein), Natural Flavors, Xylitol, Organic Stevia Extract, Xanthan Gum and Purified Stevia Extract

> Protocol For Life Balance® 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA www.protocolforlife.com/P2129

Typical Amino Acid Profile (example) (per serving)**	
Essential Amino Acids	mg Per 38 g Serving
L-Histidine	544
L-Isoleucine***	997
L-Leucine***	1834
L-Lysine	1615
L-Methionine	213
L-Phenylalanine	1203
L-Threonine	856
L-Tryptophan	196
L-Valine***	1087
Non-Essential Amino Acids	
L-Alanine	906
L-Arginine	1875
L-Aspartic Acid	2559
L-Cysteine	331
L-Glutamic Acid	3930
Glycine	912
L-Proline	960
L-Serine	1143
L-Tyrosine	824

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

subject to natural variability

\*\*\*Branched Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

**CODE P2129** V2

