WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under can is broken or missing.

Nutrition Questions or Comments? Call 1-800-433-2990 Mon.- Sat. 9 AM - 7 PM ET

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VITAMIN



C-1000<sub>mg</sub>



DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Caplet

(as L-ascorbic acid)

Amount Per Serving %Daily Value

Other Ingredients: Microcrystalline Cellulose, Hydroxypropylmethyl Cellulose, Cross-Linked Cellulose Gum, Calcium Silicate, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Silicon Dioxide.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Suitable for Vegetarians

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30 caplets