

Valerian (*valeriana officinalis*) extract is a natural alternative promoting rest and relaxing sleep†. In combination with passion flower (*Passiflora*) extract with buffering magnesium Val-Rest™ calms sensitive nerves, relaxes and is useful with anticonvulsive therapy.† Non-habit forming Val-Rest™ is a natural, anxiolytic alternative for healthy rest.† We use our Advanced Herbal Delivery System® to make out potent extracts quickly digestible and easier on the stomach so the active valerenic acids are quickly available to the nervous system. Our product conforms to mode of administration as established by the German Commission E monograph and contains valerian root and passion flower extracts of the highest grades.

Pregnant or lactating women should consult their health care professional before using this product.

**We Guarantee Our Supplements
for Potency and Purity**

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

AVAILABLE ONLY FROM HEALTH CARE PROFESSIONALS

**ANABOLIC
LABORATORIES**



**Professional
Formula**

Advanced Herbal Delivery System®

VAL-REST™

with Passion Flower

Promotes Rest and Relaxation†

Dietary Supplement

125 mg

100 VEGETARIAN TABLETS

DIRECTIONS: Take one tablet daily with 8 oz. warm water, one hour before bedtime or as directed by your doctor.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 100

Amount Per Tablet	% Daily Value
Magnesium (as magnesium carbonate)	18 mg 5%
Valerian Root Extract (4:1).....	125 mg *
Passion Flower Extract (4:1).....	30 mg *

* Daily Value not established.

OTHER INGREDIENTS: CELLULOSE, GLYCERIN, CALCIUM STEARATE (VEGETABLE SOURCE).

Manufactured by Anabolic Laboratories, LLC
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KEEP OUT OF THE REACH OF CHILDREN. 150-100L

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