

TN6841

**MAXIMUM STRENGTH**

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN.

NATURE'S BOUNTY

**Flex-a-min™****GLUCOSAMINE****CHONDROITIN****PLUS MSM****SUPPORTS HEALTHY JOINT FUNCTION\*****60 + 20 FREE**

**COATED TABLETS**  
Dietary Supplement

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Flex-a-min™ is a carefully manufactured dietary supplement supported by ingredient research and quality testing. This exceptional formula gives you more of the essential ingredients you need to support flexibility and mobility for comfortable joint movement.\*

Scientific studies indicate that Glucosamine helps provide the building blocks for supporting cartilage.\* Chondroitin helps to maintain joint cartilage.\* MSM is a source of sulfur and synergistically enhances the benefits of glucosamine and chondroitin to support cartilage health.\*

Individual results may vary.

**Flex-A-Min™ Can Help:**

- Mature Adults desiring maximum joint and cartilage maintenance.\*
- Weekend athletes or individuals seeking joint health.\*
- Overweight individuals looking for supplemental support for over-stressed joints and cartilage.\*
- Anyone desiring extra nutritional support for joint comfort.\*

Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and savings  
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[www.NaturesBounty.com](http://www.NaturesBounty.com)

Carefully Manufactured by  
NATURE'S BOUNTY, INC.  
Bohemia, NY 11716 U.S.A.  
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**Supplement Facts**

Serving Size 3 Tablets  
Servings Per Container 26

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%**
Sodium	135 mg	6 %
Glucosamine Sulfate • 2KCl	1,500 mg (1.5g)	***
Chondroitin Sulfate	1,200 mg (1.2g)	***
Methylsulfonylmethane (MSM)	500 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Polyvinyl Alcohol, Polyethylene Glycol, Magnesium Silicate, Croscopvidone, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Contains shellfish (crab, shrimp) ingredients.

**Directions:** For adults, take three (3) tablets daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast.**

**WARNING:** Pregnant or lactating women should consult a doctor before using any product. **Avoid this product if you have allergies to shellfish or sulfur. Consult doctor before use if you have, or have had, diabetes, hypoglycemia, prostate disorders, or if you are taking ANY PRESCRIPTION MEDICATIONS.** Discontinue use and consult your doctor if any adverse reactions occur, including gastrointestinal discomfort, constipation, any skin irritation, allergic reaction, fatigue, dizziness, pain, changes in blood pressure or mood, hair loss or irregular heartbeat. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.