

PRECISION  
ENGINEERED®

# WHEY PROTEIN ISOLATE

HIGH QUALITY PROTEIN SOURCE FOR ADVANCED NUTRITION  
A GREAT CHOICE FOR ATHLETES OR THOSE ON  
HIGH PROTEIN DIETS

- HIGH IN BCAAs • INSTANTIZED FOR EASY MIXING
- 95% LACTOSE FREE • ASPARTAME-FREE
- MICROFILTERED FOR FASTER ABSORPTION AND DELIVERY

5 lb. (80 oz.) (2,268 g)

PROTEIN POWDER

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

VANILLA  
NATURALLY AND ARTIFICIALLY FLAVORED



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# WHEY PROTEIN ISOLATE

Whey is popular with bodybuilders, people on high protein diets, and anyone looking for a quick, easy-to-use nutritional drink. Our Whey Isolate Powder is specifically designed for anyone looking for high quality nutrition to support their workout and fitness goals.

Whey is derived from milk and is loaded with strength-building protein, which plays a role in optimal nutrition.\* Whey Isolate contains naturally occurring Branched Chain Amino Acids — made up of Leucine, Isoleucine and Valine, which are important components of muscle tissue.\*

Whey Isolate is designed for those looking for an advanced nutritional drink. Isolated Whey results in less of the fat and lactose that you don't need. For an extra treat, blend with fruit or your favorite non-fat frozen yogurt.

Precision Engineered has pioneered the manufacture of premium sports nutrition supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. **We guarantee it!**



No Artificial Color, No Preservatives, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

**Typical Amino Acid Profile Per 36 g Serving:**

L-Alanine 1,453 mg  
L-Arginine 696 mg  
L-Aspartic Acid 3,096 mg  
L-Cysteine 612 mg  
Glutamic Acid 5,174 mg  
L-Glutamine 523 mg  
L-Histidine 518 mg  
L-Isoleucine 1,698 mg  
L-Leucine 3,143 mg  
L-Lysine 2,758 mg  
L-Methionine 666 mg  
L-Phenylalanine 912 mg  
L-Proline 1,885 mg  
L-Serine 1,595 mg  
L-Threonine 2,021 mg  
L-Tryptophan\*\*\* 486 mg  
L-Tyrosine 846 mg  
L-Valine 1,929 mg

**Typical Amino Acid Profile Per 72 g Serving:**

L-Alanine 2,906 mg  
L-Arginine 1,392 mg  
L-Aspartic Acid 6,112 mg  
L-Cysteine 1,224 mg  
Glutamic Acid 10,348 mg  
L-Glutamine 1,046 mg  
L-Histidine 1,036 mg  
L-Isoleucine 3,372 mg  
L-Leucine 6,286 mg  
L-Lysine 5,516 mg  
L-Methionine 1,332 mg  
L-Phenylalanine 1,824 mg  
L-Proline 3,770 mg  
L-Serine 3,010 mg  
L-Threonine 4,042 mg  
L-Tryptophan\*\*\* 972 mg  
L-Tyrosine 1,692 mg  
L-Valine 3,858 mg

\*\*\*L-Tryptophan is naturally occurring, not added.  
Essential Amino Acids

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Essential Amino Acids

Keep out of reach of children. Store at room temperature. Do not use if package is torn or open.

Contents are sold by weight. Some settling may occur.

\*Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Carefully Manufactured for  
Precision Engineered Limited (USA)  
Holbrook, NY 11741 U.S.A.  
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TO REORDER PROD. #36249  
www.vitaminworld.com  
1-800-228-4333

**DIRECTIONS:** For adults, add one (1) scoop (36 g) to 8 fluid ounces of water or your favorite beverage. Mix in your Precision Engineered® shaker or a blender and drink immediately for best results. You can drink Precision Engineered® Whey Protein any time during the day to add extra high quality protein to your daily caloric intake. Be sure to figure the extra calories provided by milk, juice or whatever you may add to your Precision Engineered® Whey Protein. Increase or decrease the amount of liquid added to achieve desired consistency.

## Nutrition Facts

Serving Size	1 Scoop (36 g) about 63	2 Scoops (72 g) about 122	
Servings Per Container	2,000	1,000	
<b>Amount Per Serving</b>			
Calories	140	280	
Calories from Fat	15	25	
	<b>%Daily Value**</b>	<b>%Daily Value**</b>	
<b>Total Fat</b>	1.5g	3g	<b>3%</b>
Saturated Fat	0g	0g	<b>0%</b>
Trans Fat	0g	0g	<b>0%</b>
<b>Cholesterol</b>	20mg	35mg	<b>12%</b>
<b>Sodium</b>	135mg	270mg	<b>11%</b>
<b>Potassium</b>	130mg	260mg	<b>7%</b>
<b>Total Carbohydrate</b>	2g	5g	<b>2%</b>
Dietary Fiber	0g	0g	<b>0%</b>
Sugars	2g	4g	<b>1%</b>
<b>Protein</b>	30g	60g	<b>118%</b>
Vitamin A	0%	0%	0%
Vitamin C	0%	0%	0%
Calcium	10%	20%	20%
Iron	0%	0%	0%
Phosphorus	8%	15%	15%
Magnesium	6%	10%	10%

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Less than	50g	80g
Total Fat	Less than	20g	35g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,000mg	3,000mg
Total Carbohydrate		30g	30g
Dietary Fiber		2g	2g
Sugars		25g	25g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4  
Ingredients: Whey Protein Isolate, Sunflower Lecithin, Natural and Artificial Flavors, Cellulose Gum, Xanthan Gum, Acesulfame Potassium, Sucralose, Carrageenan, Dextrin.  
Contains milk ingredients.