PRECISION ENGINEERED®

WHEY PROTEIN ISOLATE

HIGH QUALITY PROTEIN SOURCE FOR ADVANCED NUTRITION
A GREAT CHOICE FOR ATHLETES OR THOSE ON HIGH PROTEIN DIETS

• HIGH IN BCAAs • INSTANTIZED FOR EASY MIXING
• 95% LACTOSE FREE • ASPARTAME-FREE
• MICROFILTERED FOR FASTER ABSORPTION AND DELIVERY

NET WT. 1 lb. (16 oz.) (454 g)

PROTEIN POWDER

NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.

VANILLA
NATURALLY AND ARTIFICIALLY FLAVORED

PRECISION ENGINEERED®

WHEY PROTEIN ISOLATE

PRECISION ENGINEERED®

WHEY PROTEIN ISOLATE

Whey is popular with bodybuilders, people on high protein diets, and anyone looking for a quick, easy-to-use nutritional drink. Our Whey Isolate Powder is specifically designed for anyone looking for high quality nutrition to support their workout and fitness goals.

Whey is derived from milk and is loaded with strength-building protein, which plays a role in optimal nutrition.* Whey Isolate contains naturally occurring Branched Chain Amino Acids — made up of Leucine, Isoleucine and Valine, which are important components of muscle tissue.*

Whey Isolate is designed for those looking for an advanced nutritional drink. Isolated Whey results in less of the fat and lactose that you don't need. For an extra treat, blend with fruit or your favorite non-fat frozen yogurt.

Precision Engineered has pioneered the manufacture of premium sports nutrition supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. *We guarantee it!*

QUALITY ASSURED

No Artificial Color, **No** Preservatives, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish.

Typical Amino Acid Profile Per 36 g Serving:

L-Alanine	1,453 mg
L-Arginine	806 mg
L-Aspartic Acid	3,056 mg
L-Cystine	612 mg
Glutamic Acid	5,174 mg
L-Glycine	533 mg
L-Histidine	518 mg
*L-Isoleucine	1,686 mg
*L-Leucine	3,143 mg
*L-Lysine	2,759 mg
L-Methionine	612 mg
*L-Phenylalanine	912 mg
L-Proline	1,685 mg
L-Serine	1,505 mg
*L-Threonine	2,021 mg
*L-Tryptophan***	486 mg
L-Tyrosine	846 mg
*L-Valine	1,899 mg

***L-Tryptophan is naturally occurring, not added.

Typical Amino Acid Profile Per 72 g Serving:

L-Alanine	2,906 mg
L-Arginine	1,612 mg
L-Aspartic Acid	6,112 mg
L-Cystine	1,224 mg
Glutamic Acid	10,348 mg
L-Glycine	1,066 mg
L-Histidine	1,036 mg
*L-Isoleucine	3,372 mg
*L-Leucine	6,286 mg
*L-Lysine	5,518 mg
L-Methionine	1,224 mg
*L-Phenylalanine	1,824 mg
L-Proline	3,370 mg
L-Serine	3,010 mg
*L-Threonine	4,042 mg
*L-Tryptophan***	972 mg
L-Tyrosine	1,692 mg
*L-Valine	3,798 mg

***L-Tryptophan is naturally occurring, not added.

*Essential Amino Acids

Keep out of reach of children. Store at room temperature. Do not use if package is torn or open.

Contents are sold by weight. Some settling may occur.

***Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.**

Carefully Manufactured for
Precision Engineered Limited (USA)
Holbrook, NY 11741 U.S.A.
©2016 Precision Engineered Limited (USA)

TO REORDER PROD. #31482
www.vitaminworld.com
1-800-228-4533

DIRECTIONS: For adults, add one (1) scoop (36 g) to 8 fluid ounces of water or your favorite beverage. Mix in your Precision Engineered® shaker cup. Enjoy this nutritional drink immediately for best results. You can drink Precision Engineered® Whey Protein any time during the day to add extra high quality protein to your daily calorie intake. Be sure to figure the extra calories provided by milk, juice or whatever you may add to your Precision Engineered® Whey Protein. Increase or decrease the amount of liquid added to achieve desired consistency.

Nutrition Facts

Serving Size Servings Per Container	1 Scoop (36 g) about 13	2 Scoops (72 g) about 6
Amount Per Serving		
Calories	140	280
Calories from Fat	15	25
	%Daily Value**	**%Daily Value****
Total Fat	1.5g **2%**	3g **5%**
Saturated Fat	0g **0%**	1g **5%**
Trans Fat	0g	0g
Cholesterol	20mg **7%**	35mg **12%**
Sodium	135mg **6%**	270mg **11%**
Potassium	130mg **4%**	260mg **7%**
Total Carbohydrate	2g **1%**	5g **2%**
Dietary Fiber	0g **0%**	0g **0%**
Sugars	2g	4g
Protein	30g **60%**	59g **118%**
Vitamin A	0%	0%
Vitamin C	0%	0%
Calcium	10%	20%
Iron	0%	0%
Phosphorus	8%	15%
Magnesium	6%	10%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein Isolate, Sunflower Lecithin, Natural and Artificial Flavors, Cellulose Gum, Xanthan Gum, Acesulfame Potassium, Sucralose, Carrageenan, Dextrin.
Contains milk ingredients.

B55640 22-31482 01A

7 66443 31482 0