PRECISION ENGINEERED

WHEY PROTEIN ISOLATE

HIGH QUALITY PROTEIN SOURCE FOR ADVANCED NUTRITION
A GREAT CHOICE FOR ATHLETES OR THOSE ON HIGH PROTEIN DIETS

• HIGH IN BCAAs • INSTANTIZED FOR EASY MIXING
• 98% LACTOSE FREE • ASPARTAME-FREE
• MICROFILTERED FOR FASTER ABSORPTION AND DELIVERY

NET WT. 1 lb. (16 oz.) (454 g)

PROTEIN POWDER

NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.

CHOCOLATE
NATURALLY FLAVORED

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Whey is popular with bodybuilders, people on high protein diets, and anyone looking for a quick, easy-to-use nutritional drink. Our Whey Isolate Powder is specifically designed for anyone looking for high quality nutrition to support their workout and fitness goals.

Whey is derived from milk and is loaded with strength-building protein, which plays a role in optimal nutrition.* Whey Isolate contains naturally occurring Branched Chain Amino Acids made up of Leucine, Isoleucine and Valine which are important components of muscle tissue.*

Whey Isolate is designed for those looking for an advanced nutritional drink. Isolated Whey results in less of the fat and lactose that you don't need. For an extra treat, blend with fruit or your favorite non-fat frozen yogurt.

Precision Engineered has pioneered the manufacture of premium sports nutrition supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. *We guarantee it!*

QUALITY ASSURED

No Artificial Color, **No** Artificial Flavor, **No** Preservatives, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish.

Typical Amino Acid Profile Per 37 g Serving:

L-Alanine	1,454 mg
L-Arginine	632 mg
L-Aspartic Acid	3,269 mg
L-Cystine	739 mg
Glutamic Acid	5,197 mg
L-Glycine	485 mg
*L-Histidine	557 mg
*L-Isoleucine	1,963 mg
*L-Leucine	3,056 mg
*L-Lysine	2,391 mg
*L-Methionine	601 mg
*L-Phenylalanine	864 mg
L-Proline	1,459 mg
L-Serine	1,459 mg
*L-Threonine	2,183 mg
*L-Tryptophan***	919 mg
L-Tyrosine	884 mg
*L-Valine	1,735 mg

***L-Tryptophan is naturally occurring, not added.

*Essential Amino Acids

Typical Amino Acid Profile Per 74 g Serving:

L-Alanine	2,909 mg
L-Arginine	1,265 mg
L-Aspartic Acid	6,539 mg
L-Cystine	1,478 mg
Glutamic Acid	10,395 mg
L-Glycine	970 mg
*L-Histidine	1,114 mg
*L-Isoleucine	3,927 mg
*L-Leucine	6,112 mg
*L-Lysine	4,783 mg
*L-Methionine	1,203 mg
*L-Phenylalanine	1,728 mg
L-Proline	2,919 mg
L-Serine	2,919 mg
*L-Threonine	4,364 mg
*L-Tryptophan***	1,839 mg
L-Tyrosine	1,768 mg
*L-Valine	3,470 mg

***L-Tryptophan is naturally occurring, not added.

*Essential Amino Acids

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if package is torn or open.

Contents are sold by weight. Some settling may occur.

***Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.**

Carefully Manufactured for
Precision Engineered Limited (USA)
Holbrook, NY 11741 U.S.A.

TO REORDER PROD. #31481
www.vitaminworld.com
1-800-228-4533

DIRECTIONS: For adults, add one (1) scoop (37 g) to 8 fluid ounces of water or your favorite beverage. Mix in your Precision Engineered® shaker or a blender and drink immediately for best results. You can drink Precision Engineered® Whey Protein any time during the day to add extra high quality protein to your daily calorie intake. Be sure to figure the extra calories provided by milk, juice or whatever you may add to your Precision Engineered® Whey Protein. Increase or decrease the amount of liquid added to achieve desired consistency.

Nutrition Facts

Serving Size Servings Per Container	1 Scoop (37 g) about 12		2 Scoops (74 g) about 6	
Amount Per Serving				
Calories	130		270	
Calories from Fat	5		15	
		%Daily Value**		**%Daily Value****
Total Fat	1g	**2%**	1.5g	**2%**
Saturated Fat	0g	**0%**	0.5g	**3%**
Trans Fat	0g		0g	
Cholesterol	5mg	**2%**	15mg	**5%**
Sodium	95mg	**4%**	190mg	**8%**
Potassium	240mg	**7%**	470mg	**13%**
Total Carbohydrate	2g	**1%**	5g	**2%**
Dietary Fiber	1g	**4%**	2g	**8%**
Sugars	0g		<1g	
Protein	30g	**60%**	60g	**120%**
Vitamin A		0%		0%
Vitamin C		0%		0%
Calcium		10%		20%
Iron		2%		6%
Phosphorus		8%		15%
Magnesium		8%		15%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein Isolate, Cocoa (processed with alkali), Natural Flavors, Soy Lecithin, Cellulose Gum, Xanthan Gum, Acesulfame Potassium, Sucralose, Carrageenan.

Contains milk and soy ingredients.

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