NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK | NEW LOOK

### Post-Workout

For maximum muscle support, consume 1 - 2 scoops immediately after exercise.*

### MET-Rx® Ultramyosyn® Whey

MET-Rx® Ultramyosyn® Whey, great-tasting premium whey that delivers a powerful blend of high quality protein and the perfect combination of Branched Chain Amino Acids from protein that bodybuilders and athletes demand.

Consistent intake of MET-Rx® Ultramyosyn® Whey, combined with an intense weight-training program, can support muscle and peak conditioning.*

What makes MET-Rx® Ultramyosyn® Whey worth it:

• MET-Rx® Ultramyosyn® Whey provides cross-flow, Ultrafiltered Whey Protein Concentrate.

•Precise laboratory techniques are utilized to retain the active Whey Protein Peptides and Microfractions including: Beta-lactoglobulin, Alpha-lactalbumin, Glycomacropeptides, Lactoferrin, and other bio-active components.

•Instantized Whey Proteins for easy mixing and complete dispersion in liquid.

•Quick absorbing Whey Protein Blend to speed amino acid delivery to muscles immediately after workouts, to help support muscle protein synthesis.*

•Contains naturally occurring Branched Chain Amino Acids.

Each serving contains over 4 g of the following Branched Chain Amino Acids from protein:

Which typically provides:

• Isoleucine 1.3 g
• Leucine 2.2 g
• Valine 1.1 g

Whey is the preferred protein source in sports and bodybuilding nutrition because it provides a high concentration of Branched Chain Amino Acids – made up of Leucine, Isoleucine and Valine – which are important for the maintenance of muscle tissue.* Unlike some other incomplete protein sources, MET-Rx® Ultramyosyn® Whey contains all of the essential amino acids required for supporting lean muscle.*

To support muscle mass, consume approximately 1 gram of protein per pound of body weight from all dietary sources per day.*

MET-Rx® Ultramyosyn® Whey contains no aspartame.

*Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

### Blender – Simple

Add one scoop of MET-Rx® Ultramyosyn® Whey to blender filled with 6-8 ounces of your favorite beverage. Cover and blend for 20-30 seconds. For a delicious smoothie, add peanut butter, fruit, or yogurt along with ice cubes.^^

### Shaker – Simpler

Fill a shaker bottle with 6-8 ounces of your favorite beverage. Add one scoop of MET-Rx® Ultramyosyn® Whey. Cover and shake for 25-30 seconds.

### Glass & Spoon – Simplest

Add one scoop of MET-Rx® Ultramyosyn® Whey to 6-8 ounces of your favorite beverage. Stir for 20-30 seconds or until completely blended.

^^For Mass Gaining: add higher calorie foods such as peanut butter, 1-2% milk, and fruit juices.

For Dieters: add lower calorie foods such as skim milk, blueberries and raspberries, or just use water.

MET-RX® SPORTS NUTRITION

# MET-RX®

## STRAWBERRY

Natural and Artificial Flavors

ULTRAMYOSYN®

## WHEY PROTEIN

PROTEIN POWDER

Net Wt. 2 lb. (32 oz.) (907 g)

| | |
|---|---|
| 22G PROTEIN | Features Premium Whey Protein |
| ⊕ | Fuels Muscle Recovery & Strength* |
| ✓ | Instantized for Easy Mixing |

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

## Nutrition Facts

Serving Size 1 Scoop (30 g)
Servings Per Container about 30

| Amount Per Serving | |
|---|---|
| Calories 120 | Calories from Fat 20 |
| | %Daily Value** |
| **Total Fat** 2.5g | 4% |
| Saturated Fat 1g | 5% |
| *Trans* Fat 0g | |
| **Cholesterol** 60mg | 20% |
| **Sodium** 55mg | 2% |
| **Potassium** 150mg | 4% |
| **Total Carbohydrate** 4g | 1% |
| Dietary Fiber 0g | 0% |
| Sugars 2g | |
| **Protein** 22g | 43% |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 15% | Iron 0% |

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Protein | | 50g | 65g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Natural and Artificial Flavors, Cellulose Gum, Soy Lecithin, Maltodextrin, Xanthan Gum, Beet Powder (Color), Dicalcium Phosphate, Calcium Carbonate, Acesulfame Potassium, Citric Acid, Malic Acid, Sucralose.

Contains milk and soy ingredients.

Contents are sold by weight. Some settling may occur.

Partially Produced with Genetic Engineering

**Directions:** For adults, take one (1) scoop (30g), one to two times daily. Serious athletes should consume 1-2 scoops twice per day for maximum muscle support, with at least 1-2 scoops taken immediately after exercise.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE PRODUCT IF SEAL UNDER CAP IS DAMAGED OR MISSING.**

### TYPICAL AMINO ACID PROFILE

(milligrams per 30 g scoop****)

| Essential Amino Acids | | Nonessential Amino Acids | |
|---|---|---|---|
| Histidine | 398 mg | Alanine | 1,065 mg |
| Isoleucine | 1,344 mg | Arginine | 540 mg |
| Leucine | 2,269 mg | Aspartic Acid | 2,415 mg |
| Lysine | 1,945 mg | Cysteine | 520 mg |
| Methionine | 459 mg | Glutamic Acid | 3,309 mg |
| Phenylalanine | 659 mg | Glycine | 410 mg |
| Threonine | 1,623 mg | Proline | 1,333 mg |
| Tryptophan*** | 300 mg | Serine | 1,124 mg |
| Valine | 1,178 mg | Tyrosine | 617 mg |

***L-Tryptophan is naturally occurring, not added.
****approximate values

MET-RX

Manufactured in the USA with select ingredients from around the world for **MET-Rx Nutrition, Inc.**
Boca Raton, FL 33487
©2016 Questions? Call toll free **1-800-55-MET-Rx**
To learn more, please go to **www.MET-Rx.com**

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