

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Biotin plays a key role in metabolizing fatty acids, to support nourishing hair follicles, healthy skin, and nails.<sup>†</sup> Recent research has also shown that biotin, when used in high doses such as the amount found in **Biotin 10,000 mcg**, can help promote glucose uptake in muscle tissue.<sup>†</sup>

**We Guarantee Our Supplements  
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

<sup>†</sup> THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

# BIOTIN 10,000 mcg

Promotes Healthy Skin, Hair, and Nails<sup>†</sup>

Dietary Supplement



## 60 VEGETARIAN CAPSULES

### Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving	% Daily Value
Biotin..... 10,000 mcg	3333%

**OTHER INGREDIENTS:** CELLULOSE (VEGETABLE SOURCE), MAGNESIUM STEARATE (VEGETABLE SOURCE), SILICA.

**SUGGESTED USE:** Take one capsule daily with food.

KEEP OUT OF REACH OF CHILDREN. VVL 227-60A

