

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Methylcobalamin is considered the active form of vitamin B12 and may be better absorbed than other forms. A water-soluble vitamin, B12 is essential for proper energy metabolism, nerve and mental function, red blood cell formation and cardiovascular health.<sup>†</sup> It is important for everyone, but especially for vegetarians and seniors who tend to be lacking in B12. Our **Methyl B12 1,000 mcg Lozenges** provide this superb form in a tasty berry flavored lozenge.

**We Guarantee Our Supplements  
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

<sup>†</sup> THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Natural Berry Flavor  
**METHYL B-12**  
**1,000 mcg**

Supports Cardiovascular and Brain Health<sup>†</sup>  
Dietary Supplement



**100 VEGETARIAN LOZENGES**

**Supplement Facts**

Serving Size 1 Lozenge  
Servings Per Container 100

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
|--------------------|---------------|

|                                             |         |
|---------------------------------------------|---------|
| Vitamin B12<br>(methylcobalamin). 1,000 mcg | 16,667% |
|---------------------------------------------|---------|

**OTHER INGREDIENTS:** SORBITOL, XYLITOL, CELLULOSE, MODIFIED CELLULOSE GUM, SILICON DIOXIDE, STEARIC ACID (VEGETABLE SOURCE), NATURAL RASPBERRY POWDER, NATURAL STRAWBERRY FLAVOR, CITRIC ACID, MAGNESIUM STEARATE (VEGETABLE SOURCE).

**SUGGESTED USE:** Take one lozenge daily.

**KEEP OUT OF REACH OF CHILDREN. VVL 206-100C**

