

A water-soluble vitamin, **B-12** is essential for proper energy metabolism, nerve and mental function, red blood cell formation, and cardiovascular health.<sup>†</sup> It is important for everyone, but especially for vegetarians and seniors who tend to be lacking in B-12.

Offering twice as much absorption as other forms, our unique ion-exchange resin protects vitamin B-12 from gastric acid of the stomach, delivering the nutrient to the small intestine where absorption takes place.

**We Guarantee Our Supplements  
for Potency and Purity**

**To report a serious adverse event, call 1-888-710-0006**

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Double Absorption

**B-12**  
**500 mcg**

Helps Maintain Cardiovascular Health<sup>†</sup>

Dietary Supplement

**100 TABLETS**



## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 100

Amount Per Serving	% Daily Value
Vitamin B12 (as cobalamin concentrate) .....	500 mcg 8,333%

**OTHER INGREDIENTS:** LACTOSE (MILK), RESIN, CELLULOSE, CALCIUM STEARATE (VEGETABLE SOURCE).

**SUGGESTED USE:** Take one tablet daily with food.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN. **WVL 204-100L**

