

- MIXES INSTANTLY
- ZERO CARBS; ZERO FAT
- PROMINA™ WHEY ISOLATE
- DELICIOUS, GOURMET SWEET FLAVOR
- LACTOSE & GLUTEN FREE

SUGGESTED USE:

Based on taste preference, mix 2–4 oz of water or milk per serving (1/4 packet) of Nectar™ Sweets. One full packet, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8–16 oz of water or milk. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar™ Sweets mixes instantly with a spoon and tastes great . . . GUARANTEED!



Manufactured for:

SIG, Inc.
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**STRAWBERRY
MOUSSE**

**23g
Protein**



NECTAR
Sweets[™]
WHEY PROTEIN ISOLATE



**Net Weight:
1.0 oz (27 g)**

Nutrition Facts

Serving Size: 1/4 Packet (7g)
Servings Per Packet: 4

Amount Per Serving	
Calories	25
Calories from Fat	0
% Daily Value*	
Total Fat	0g 0%*
Saturated Fat	0g 0%*
Trans Fat	0g
Cholesterol	0mg 0%*
Sodium	25mg 1%*
Potassium	40mg 1%*
Total Carbohydrates	0g 0%*
Dietary Fiber	0g 0%*
Sugars	0g
Protein	6g 12%*
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	0%
Phosphorus	2%
Magnesium	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

INGREDIENTS:

Whey protein isolate (milk)*, natural and artificial flavors, soy lecithin, salt, acesulfame-K, sucralose, FD&C Red #40.

* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactoalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.

Notice: Use this product as a food supplement only. Do not use for weight reduction.