

- MIXES INSTANTLY
- REAL COOKIE PIECES!
- PROMINA™ WHEY ISOLATE
- DELICIOUS, GOURMET SWEET FLAVOR
- LACTOSE FREE

SUGGESTED USE:

Based on taste preference, mix 2-4 oz of water or milk per serving (1/4 packet) of Nectar™ Double Stuffed Cookie. One full packet, providing 23 g of protein, .5 g of fat and 1 g of sugar, may be mixed with 8-16 oz of water or milk. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar™ Sweets mixes instantly with a spoon and tastes great . . . GUARANTEED!



Manufactured for:

SI03, Inc.
PO Box 1715

Cape Girardeau, MO 63702 USA

Tel: (866) 333-SI03 (7403)

Website: www.syntrax.com

**23 g
Protein**

SYNTRAX®

Nectar™
Sweets™
WHEY PROTEIN ISOLATE



**DOUBLE STUFFED
COOKIE**



**Net Weight:
1.1 oz (31 g)**

Nutrition Facts

Serving Size: 1/4 Packet (8g)

Servings Per Packet: 4

Amount Per Serving			
Calories	25		
Calories from Fat	0		
% Daily Value*			
Total Fat	0g		0%*
Saturated Fat	0g		0%*
Trans Fat	0g		
Cholesterol	0mg		0%*
Sodium	35mg		1%*
Potassium	40mg		1%*
Total Carbohydrates	1g		1%*
Dietary Fiber	0g		0%*
Sugars	0g		
Protein	6g		12%*
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	0%
Phosphorus	2%	Magnesium	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		30g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

INGREDIENTS:

Whey protein isolate (milk)*, chocolate cookie pieces (enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, high oleic safflower oil, cocoa [processed with alkali], salt, sodium bicarbonate, chocolate [sugar, chocolate liquor, cocoa butter, anhydrous milk fat, soy lecithin, vanilla], soy lecithin, vanilla, food antioxidant [TBHQ, citric acid]), natural and artificial flavors, soy lecithin, salt, acesulfame-K, sucralose.

* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.

Notice: Use this product as a food supplement only. Do not use for weight reduction.