- MIXES INSTANTI Y
- ZERO CARBS; ZERO FAT
- PROMINA™ WHEY ISOLATE
- REFRESHING FRUIT JUICE FLAVOR
- LACTOSE & GLUTEN FREE

SUGGESTED USE:

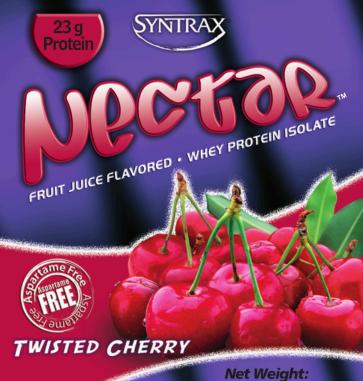
Based on taste preference, mix 2-4 oz of water per serving (1/4 packet) of Nectar™. One full packet, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8-16 oz of water. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember. the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar™ mixes instantly with a spoon and tastes great . . . GUARANTEED!



Manufactured for

SIG3, Inc.

Cape Girardeau, MO 63702 US/ Tel: (866) 333-SI03 (7403)



1.0 oz (27 g)

Nutrition Facts

Serving Size: 1/4 Packet (7g) Servings Per Packet: 4

Amount Per Serving			
Calories		25	
Calories from	m Fat	0	
		% E	aily Value
Total Fat		0g	0%*
Saturated Fat		0g	0%*
Trans Fat		0g	
Cholesterol		0mg	0%*
Sodium	,	15mg	1%*
Potassium		10mg	1%*
Total Carbohy	drates	0g	0%*
Dietary Fibe	r	0g	0%3
Sugars		0g	
Protein		6g	12%*
Vitamin A	0%	Vitamin 0	
Calcium	2%	Iron	0%
Phosphorus	2%	Magnesi	um 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on			
your calorie needs:	Calories:	2,000	2,500
Total Fat Sat Fat Cholesterol Sodium Potassium Total Carbohydrate Dietary Fiber Protein	Less than Less than Less than Less than	65g 20g 300mg 2,400mg 3,500mg 300g 25g 50g	80g 25g 300mg 2,400mg 3,500mg 375g 30g 65g
Protein		Jug	oog

INGREDIENTS:

Whey protein isolate (milk)*, citric acid, natural and artificial flavors, soy lecithin, acesulfame-K, FD&C Red #40, sucralose, FD&C Blue #1.

Fat 9 • Carbohydrate 4 • Protein 4

* Promina** brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactoalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.