

OVER 40 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For over 40 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

- ✓ 100% DV of Vitamin D to Help Optimize Calcium Absorption\*
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

\*\*Adequate Calcium and Vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

**Non-GMO, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast.**

 Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at  
[NaturesBountyRewards.com](http://NaturesBountyRewards.com)

Prod. No. 7087 B17920 09D

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**NATURE'S BOUNTY®**

# Calcium

**500mg**

with  
Vitamin D3

**Promotes Bone Health\***

**May Reduce the  
Risk of Osteoporosis\*\***

**300 Tablets**

**MINERAL SUPPLEMENT**

**DIRECTIONS:** For adults, take one (1) tablet one or two times a day, preferably with meals.

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                   | %Daily Value |      |
|--------------------------------------|--------------|------|
| Vitamin D<br>(as D3 Cholecalciferol) | 400 IU       | 100% |
| Calcium (from Oyster Shell)          | 500 mg       | 50%  |
| Sodium                               | 10 mg        | <1%  |

**Other Ingredients:** Vegetable Cellulose, Vegetable Magnesium Stearate.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



**Made In The USA** with select ingredients from around the world

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A.  
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