

Serving Size: 1 Scoop (48 g), 2 Scoops (96 g) Servings Per Container: about 20, about 10

[illegible]

***Data Value not established.

[illegible]

Suggested Use For Swims: Adults - Add 1 rounded scoop (48 g) to 8 oz. of water or your favorite beverage. Stir, blend or shake well. Blend for best results. Take two (2) times daily, preferably before or after activity or exercise.

Safety-sealed. Do not use if outer seal is broken or missing.

Note: Honey will appear as small crystals within the powder.

WARNING: Consult a health care professional prior to use if you are pregnant or nursing, taking prescription medication or if you have a serious medical condition. Discontinue use and consult a health care professional if any adverse reactions occur. **KEEP OUT OF REACH OF CHILDREN.**

WOMANI, the "MOM" logo and Anything is Possible are registered trademarks of Vision Nutrition Corporation. Official Product of the WOMANI TRIATHLON. Used here by permission. Aringer® is a registered trademark of Triune Industries, Inc. Copyright is a registered trademark of Natural Alternatives International, Inc. and is protected under U.S. Patents 6,320,492 and 6,060,610.

Neomigra[®] is a registered trademark of Nitroson 21, LLC and is protected under U.S. Patents 5,709,507; 6,156,735; 6,394,444, and 7,576,102.
Genosol[®] is a registered trademark of Nitroson, Inc. and is protected under U.S. Patents 6,162,716 and 7,244,000.

Questions? Comments? Call 1-800-898-5812
weekdays 9:30 a.m. - 5:00 p.m. (Eastern Time)

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

IRONMAN

ENDURANCE OPTIMIZED

WHEY PROTEIN

30g
PROTEIN
PER SCOOP

**SUPERIOR
BCAAs**

NO
ARTIFICIAL
FLAVORS OR
SWEETENERS

- Triple action protein matrix: immediate, continuous & sustained release

- Helps restore energy & enhance recovery process*

- Patented ingredients help reduce stress & promote blood flow during times of activity*

SWISS CHOCOLATE FLAVOR

PROTEIN SUPPLEMENT
NET WT. 2.1 lbs (960 g)

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.
DO NOT USE FOR WEIGHT REDUCTION.

ANYTHING IS POSSIBLE[®]
WITH IRONMAN[®] ENDURANCE
OPTIMIZED WHEY PROTEIN

Developed for competition athletes, made for **YOU**. Whether you are an athletic competitor, are serious about fitness and the way your body looks, or are simply looking to improve your health and well-being by staying active, our delicious shake helps make it easier to accomplish your goals.*

Formulated by sports nutrition scientists and professional nutritionists, IRONMAN® Endurance Optimized Whey Protein delivers superior levels of lean protein with fewer calories and less fat than other leading brands. Its smooth, delicious taste is made only from natural sources, like rich Swiss cocoa and wholesome honey.

IRONMAN® Endurance Optimized Whey Protein is made with a triple-action protein blend packed with essential amino acids to aid performance, endurance and recovery.*

Plus, only IRONMAN® Endurance Optimized Whey Protein is formulated with unique patented ingredients proven to help reduce occasional stress on the body and mind, and promote healthy blood flow during times of physical activity.*

Typical Amino Acid Profile (milligrams per 48 g scoop)

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 549 mg	Alanine 1,569 mg
Isoleucine 1,966 mg	Arginine 769 mg
Leucine 3,344 mg	Aspartic Acid 3,386 mg
Lysine 2,955 mg	Cysteine 764 mg
Methionine 691 mg	Glutamic Acid 5,883 mg
Phenylalanine 1,001 mg	Glycine 564 mg
Threonine 2,315 mg	Proline 1,774 mg
Tryptophan 551 mg	Serine 1,511 mg
Valine 1,752 mg	Thyrosine 902 mg

visit www.ironmanprotein.com



Nitrosigine®



MCT
ENERGY
SOURCE



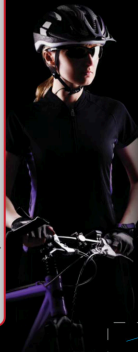
PROMOTES
**BLOOD
FLOW**



ADAPTOGENIC
STRESS
SUPPORT



**GLUTEN
FREE**



ANYTHING IS POSSIBLE™