- MIXES INSTANTLY
- ZERO CARBS; ZERO FAT; ZERO CAFFEINE
- PROMINA™ WHEY ISOLATE
- ROBUST LATTE FLAVOR
- LACTOSE & GLUTEN FREE

SUGGESTED USE:

Based on taste preference, mix 2-4 oz of water or milk per serving (1/4 packet) of Nectar™ Lattes. One full packet, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8-16 oz of water or milk. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar™ Lattes mixes instantly with a spoon and tastes great ... GUARANTEED!

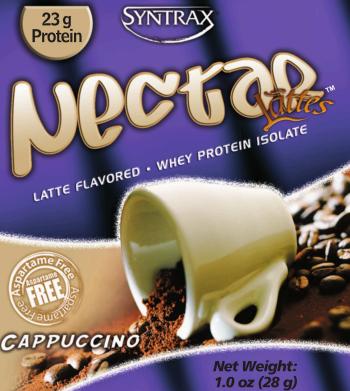


Manufactured for:

SIG3, Inc. PO Box 1715

Cape Girardeau, MO 63702 USA Tel: (866) 333-SI03 (7403)

Website: www.syntrax.com



Nutrition Facts

Serving Size: 1/4 Packet (7g) Servings Per Packet: 4

_				
Amount Per Serv				g
	Calories		25	
	Calories from	Fat	0	
			% [Daily Value*
	Total Fat		0g	0%*
	Saturated Fa	t	0g	0%*
	Trans Fat		0g	
	Cholesterol		0mg	0%*
	Sodium		15mg	1%*
	Potassium		10mg	1%*
	Total Carbohyo		0g	0%*
	Dietary Fiber		0g	0%*
	Sugars		0g	- 70
	Protein		6g	12%*
	Vitamin A ()%	Vitamin (C 0%
	Calcium 2	2%	Iron	0%
и	Phosphorus 2	2%	Magnesi	um 0%
	* Percent Daily Values are based on a 2,000 calorie die			
	Your daily values ma your calorie needs:			
ď		Calories:	2,000	2,500
7	Total Fat Sat Fat	Less than Less than	65g 20g	80g 25g
4	Cholesterol	Less than	300mg	300 mg
	Sodium Potassium	Less than	2,400mg 3,500mg	2,400 mg 3,500 mg
P	Total Carbohydrate		300g	3,500 mg
	Dietary Fiber		259	30g
	Protein		50g	65g
	Calories per gram:			

INGREDIENTS:

Whey protein isolate (milk)*, decaffeinated pure coffee, natural and artificial flavors, soy lecithin, acesulfame-K, sucralose.

Carbohydrate 4 •

* Promina™ brand: ultrafillered and undenatured; includes beta lactoglobulin, alpha lactoalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.