- MIXES INSTANTI Y
- ZERO CARBS: ZERO FAT
- PROMINA™ WHEY ISOLATE
- REFRESHING FRUIT JUICE FLAVOR
- LACTOSE & GLUTEN FREE

SUGGESTED USE:

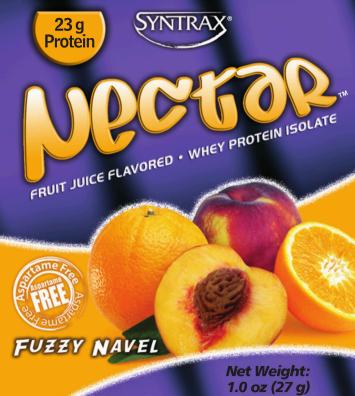
Based on taste preference, mix 2-4 oz of water per serving (1/4 packet) of Nectar™. One full packet, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8-16 oz of water. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember. the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar™ mixes instantly with a spoon and tastes great . . . GUARANTEED!



Manufactured for:

SIG3, Inc. PO Box 1715

Cape Girardeau, MO 63702 USA Tel: (866) 333-SI03 (7403) Website: www.syntrax.com



Nutrition Facts

Serving Size: 1/4 Packet (7g) Servings Per Packet: 4

	Amount Per Serving			
	Calories		25	
	Calories from Fat		0	
				Daily Value*
	Total Fat		0g	0%*
	Saturated Fa	ıt	0g	0%*
	Trans Fat		0g	
	Cholesterol		0mg	0%*
	Sodium	1	5mg	1%*
	Potassium	4	l0mg	1%*
	Total Carbohy	drates	0g	0%*
	Dietary Fiber		0g	0%*
400	Sugars		0g	
d Bill	Protein		6g	12%*
	Vitamin A	0%	Vitamin (0%
	Calcium :	2%	Iron	0%
	Phosphorus :	2%	Magnesi	um 0%
	* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on			
	your calorie needs:	Calories:	2,000	2,500
	Total Fat Sat Fat Cholesterol Sodium Potassium Total Carbohydrate Dietary Fiber Protein	Less than Less than Less than Less than	65g 20g 300mg 2,400mg 3,500mg 300g 25g 50g	80g 25g 300mg 2,400mg 3,500mg 375g 30g 65g
B	Calories per gram: Fat 9 • Ca	rbohydrate	4 •	Protein 4

INGREDIENTS:

Whey protein isolate (milk)*, citric acid, natural and artificial flavors, soy lecithin, gardenia fruit juice powder, acesulfame-K, sucralose.

* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactoalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease lactoperoxidase.