- MIXES INSTANTLY
- . ZERO CARBS: ZERO FAT
- PROMINA™ WHEY ISOLATE
- REFRESHING FRUIT JUICE FLAVOR
- LACTOSE & GLUTEN FREE

## SUGGESTED USE:

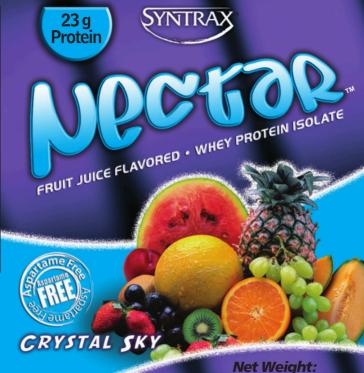
Based on taste preference, mix 2-4 oz of water per serving (1/4 packet) of Nectar™. One full packet. providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8-16 oz of water. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar™ mixes instantly with a spoon and tastes great . . . GUARANTEED!



## Manufactured for:

**SIGS**, Inc. PO Box 1715

Cape Girardeau, MO 63702 USA Tel: (866) 333-SI03 (7403) Website: www.syntrax.com



1.0 oz (27 g)

## **Nutrition Facts**

Serving Size: 1/4 Packet (7g) Servings Per Packet: 4

	Amount Per Serving			
	Calories		25	
	Calories froi	m Fat	0	
ı			%	Daily Value*
	Total Fat		0g	0%*
	Saturated Fat		0g	0%*
	Trans Fat		0g	
	Cholesterol		0mg	0%*
	Sodium		15mg	1%*
	Potassium	4	40mg	1%*
	Total Carbohy	drates	0g	0%*
	Dietary Fibe	r	0g	0%*
120	Sugars		0g	
	Protein		6g	12%*
	Vitamin A	0%	Vitamin	C 0%
	Calcium	2%	Iron	0%
	Phosphorus	2%	Magnes	ium 0%
	* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on			
	your daily values m your calorie needs:	nay be higher Calories:	or lower dep 2.000	
	Total Fat	Less than	2,000 65g	
	Sat Fat	Less than	20g	25g
	Cholesterol Sodium	Less than	300mg	300mg
N	Potassium	Less than	2,400mg 3,500mg	2,400mg 3,500mg
A	Total Carbohydrate		300g	375g
8	Dietary Fiber		25g	30g
100	Protein		50g	65g
	Calories per gram Fat 9 • C	n: arbohydrate	4 •	Protein 4

## INGREDIENTS:

Whey protein isolate (milk)\*, citric acid, natural and artificial flavors, soy lecithin, acesulfame-K, sucralose, FD&C Blue #1.

\* Promina \*\* brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactoalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.