

**SUGGESTED USE:** Take one softgel up to four times daily with food.

**CONTAINS NO** artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, soy, peanuts, tree nuts or crustacean shellfish.

**Cod Liver Oil** helps maintain healthy skin, bones, cells, eyes, and teeth.† Our product naturally provides both vitamins A and D in a low dosage. A mild tasting fish oil, our Cod Liver Oil is encapsulated to further reduce the fish taste and is tested for PCB's, mercury and other heavy metals.

**We Guarantee Our Supplements  
for Potency and Purity**

**To report a serious adverse event, call 1-888-710-0006**

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Norwegian  
**COD LIVER OIL**

Maintains Healthy Skin,  
Cells and Eyes†

Dietary Supplement

**100 SOFTGELS**



## Supplement Facts

Serving Size 1 Softgel  
Servings Per Container 100

Amount Per Serving	% Daily Value
Vitamin A (from cod liver oil, palmitate).....	1,250 IU 25%
Vitamin D (from cod liver oil, cholecalciferol)....	135 IU 34%

**OTHER INGREDIENTS:** GELATIN, RICE BRAN OIL,  
PURIFIED WATER, GLYCERIN.

Typical analysis of Omega-3 Fatty Acids:	
EPA (eicosapentaenoic acid)	68 mg
DHA (docosahexaenoic acid)	46 mg
Total Omega-3 Fatty Acids	114 mg

**KEEP OUT OF REACH OF CHILDREN. VWL 170-100L**

