

**CoQ10** (also known as ubiquinone) is found in the mitochondria of every cell and in high concentrations in heart tissue. Necessary for the basic functioning of cells, it helps maintain cardiovascular health and promotes vitality and energy production.† CoQ10 levels are reported to decline with age.

CoQ10 is a fat-soluble nutrient and therefore is best taken with a small amount of fat.

**We Guarantee Our Supplements  
for Potency and Purity**

**To report a serious adverse event, call 1-888-710-0006**

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Vegetarian  
**CoQ10**  
**100 mg**

Supports Energy Production†

Dietary Supplement



**30 VEGETARIAN CAPSULES**

**Supplement Facts**

Serving Size 1 Capsule  
Servings Per Container 30

Amount Per Serving	% Daily Value
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CoEnzyme Q10 .....	100 mg *
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\* Daily Value not established.

**OTHER INGREDIENTS:** CELLULOSE, CAPSULE (VEGETABLE SOURCE), SILICA, MAGNESIUM STEARATE (VEGETABLE SOURCE).

**SUGGESTED USE:** Take one capsule daily with food.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

**KEEP OUT OF REACH OF CHILDREN. VVL 162-30D**

