

Ester-C® The Better Vitamin C®

Product No. 36748

The Ester-C® Difference:

24-Hour Immune Support*

Absorbs Into Your System and Stays There*

Once Daily

Patented Vitamin C Formula

Ester-C® Effervescent Vitamin C Packets offer 24-hour immune support in a delicious, natural orange flavored formula.* Just take one packet daily with 4-6 fl. oz. of water and you are good to go!

Patented Ester-C® increases levels of Vitamin C in the body - getting into white blood cells, an important part of your immune system.* And, because Ester-C® absorbs into your system and stays there...you get 24-hour immune support and potent antioxidant activity in a once daily 1,000 mg dose.*

Taken once a day, Ester-C® has your immune health covered.* It supports circulation, is beneficial to joints and connective tissues, helps reduce the premature aging of cells, and forms the basis for healthy skin.* Helping to neutralize free radicals, Ester-C® also aids in the nutritional absorption of iron and works with other nutrients to promote overall health.* Along with essential vitamins, such as B-6 and B-12 to promote energy metabolism and vital electrolytes to aid in metabolic hydration, Ester-C® Effervescent Formula has got you covered.* Now more than ever, trust your immune health to Ester-C®.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Starch, No Preservatives, No Artificial Sweetener or Flavor, Beta-Carotene Added For Color.

Suitable for Vegetarians

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if packet is torn or open.

Ester-C, Ester-C® and The Better Vitamin C® are licensed TMs of The Ester C Company. U.S. Pat. Nos. 6,197,813 and 6,878,744.

Carefully Manufactured for **AMERICAN HEALTH, INC.**
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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Directions: For adults, pour packet into 4-6 fl. oz. of water once daily. Stir or Shake.

Supplement Facts

Serving Size 1 Packet (10 g)

Servings Per Container 21

Amount Per Serving	%Daily Value
Calories	25
Total Carbohydrate	6 g 2%*
Sugars	5 g ***
Vitamin A (as Beta-Carotene)	223 IU 4%
Vitamin C (as Ester-C® Calcium Ascorbate)	1,026 mg (1 g) 1,710%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	0.38 mg 25%
Riboflavin (Vitamin B-2)	0.43 mg 25%
Niacin (as Niacinamide)	5 mg 25%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg 500%
Folic Acid	12.5 mcg 3%
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%
Pantothenic Acid (as d-Calcium Pantothenate)	2.5 mg 25%
Calcium (as Ester-C® Calcium Ascorbate, Calcium Carbonate, Monocalcium Phosphate and Dicalcium Phosphate)	150 mg 15%
Phosphorus (as Potassium Phosphate and Sodium Phosphate)	150 mg 15%
Magnesium (as Magnesium Hydroxide and Magnesium Carbonate)	60 mg 15%
Zinc (as Zinc Ascorbate)	2 mg 13%
Manganese (as Manganese Gluconate)	0.5 mg 25%
Chromium (as Chromium Ascorbate)	5 mcg 4%
Chloride (as Sodium Chloride)	93 mg 3%
Sodium (as Sodium Phosphate, Sodium Chloride and Sodium Bicarbonate)	100 mg 4%
Potassium (as Potassium Phosphate and Potassium Bicarbonate)	280 mg 8%
Antioxidant Health Proprietary Blend	58 mg ***
Stevia Extract (Stevia rebaudiana) (leaf), Quercetin (Quercetin (Quercetin) (fruit), Alpha Lipoic Acid, Glycine, L-Aspartic Acid, N-Acetyl Cysteine	

*Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Fructose, Maltodextrin, Malic Acid, Citric Acid, Natural Orange Flavor, Silica, Microcrystalline Cellulose.

AMERICAN HEALTH®

Ester-C®

EFFERVESCENT

Take
Once a
Day!

1000mg

PLUS Electrolytes

24-Hour Immune Support*

Patented Vitamin C Formula

B Vitamins to Promote Energy Metabolism*

Natural Orange

FLAVOR PACKETS

100% VEGETARIAN • NO ARTIFICIAL SWEETENERS
DIETARY SUPPLEMENT

21 - 10 g (0.35 oz.) PACKETS NET WT. 210 g (6.75 oz.)

