

DIRECTIONS: Take one pack daily with a meal or as directed by your health care professional.

Supplement Facts

Serving Size: One Packet
Servings Per Container: 30

Amount Per Packet		% Daily Value
Calcium (from calcium phosphate).....	50 mg	5%
Cellulase (milk)	3500 CU	*
Concentrated Fish Oil [from Anchovies (<i>Engraulis rigens</i>), Sardines (<i>Sardinops sagax</i>), and/or Mackerel (<i>Trachurus symmetricus</i>)]	2400 mg	*
EPA (eicosapentaenoic acid)	720 mg	*
DHA (docosahexaenoic acid)	480 mg	*
Bioflavonoid Complex (from lemon (fruit), hesperidin (fruit), rutin (buds))	700 mg	*
Turmeric Extract (root) (standardized to contain at least 95% curcumin)	350 mg	*
Ginger Extract (root) (<i>Zingiber officinale</i> , root. Standardized to 10% gingerols and pungent compounds)	200 mg	*
Ginger Root Powder (<i>Zingiber officinale</i>)	150 mg	*
Rosemary Extract (leaf) (standardized to contain at least 40% ursolic acid)	35 mg	*
Rosemary Extract (leaf) (<i>Rosemarinus officinalis</i> , leaf. Standardized to minimum 6% carnosic acid)	5 mg	*

* Daily Value Not Established

OTHER INGREDIENTS: BIOFLAVONOIDS: STEARIC ACID (VEGETABLE SOURCE), CALCIUM PHOSPHATE, CELLULOSE, MAGNESIUM STEARATE (VEGETABLE SOURCE), AND GLYCERIN. **CLINICAL OMEGA 3:** CAPSULE (GELATIN), GLYCERIN, WATER, ORANGE OIL, MIXED TOCOPHEROLS. **GINGER:** CAPSULE (VEGETABLE SOURCE), SILICA, MAGNESIUM STEARATE (VEGETABLE SOURCE), MALTODEXTRIN. **TURMERIC:** CELLULOSE, STEARIC ACID (VEGETABLE SOURCE), MAGNESIUM STEARATE (VEGETABLE SOURCE), SILICA, GLYCERIN.

STORE IN COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

3634A

CONTAINS: MILK, FISH



Manufactured by Anabolic Laboratories, LLC
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No Nonsense Nutrition for Healthy Inflammation Response[†]

DeFlaming is about balancing a "pro-inflammatory state" that has developed overtime within the body. We now know that every meal will either promote or inhibit inflammation. If we are not taught to eat properly then we start to "flame up" dietarily when we are young and this continues as we age. Eventually, the combination of a pro-inflammatory diet, lack of exercise, lack of sleep, and stress will generate a magnified "pro-inflammatory state," which can greatly reduce the quality of one's health. DeFlaming is about pursuing choices and healthy habits to keep the body in balance and promote improvements in future health. **DeFlaming is a lifestyle;** it is not a quick fix or a short term crisis care intervention. Not surprisingly, the health benefits created by DeFlaming only last as long as one continues to DeFlame.[†]

- **Omega-3 Fatty Acids** intake help balance inflammatory activity and promotes cellular and nervous system health[†]
- **Turmeric & Rosemary** have been shown to reduce the activity of Nf-Kb, which in turn promotes a healthy response[†]
- **Ginger** contains very potent compounds called gingerols that suppress compounds (cytokines and chemokines*) to assist with a normal inflammatory response[†]
- **Bioflavonoids** modulate cyclo-oxygenase (COX) and lipoxygenase (LOX) enzyme activity, plus interacts with the signaling of nuclear factor kappa-B (NF-kB) to help balance and promote health[†]

[†]THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



No Nonsense Nutrition for Healthy Inflammation Response[†]

One Month Supply of:

- Omega-3 Fatty Acids
- Turmeric & Rosemary
- Ginger (extract & whole ginger powder)
- Whole Food Bioflavonoids



**30 SUPER SEALED POUCHES
FOR GUARANTEED FRESHNESS**



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No Nonsense Nutrition for Healthy Inflammation Response[†]



Four DeFlaming Supplements
In 30 On-The-Go Packs



Omega-3 Fatty Acid



Ginger



Turmeric +
Rosemary



Whole Food
Bioflavonoids



**30 SUPER SEALED
POUCHES FOR
GUARANTEED
FRESHNESS**

To learn more about
"DeFlaming" go to
www.deflame.com