



VEGETARIAN

NON
GMO
PROJECT
VERIFIED

GLUTEN FREE



RAW



DAIRY FREE

90 VEGETARIAN CAPSULES

WHOLE FOOD DIETARY SUPPLEMENT

VITAMIN CODE[®]

RAW PRENATAL[™]

RAW WHOLE FOOD
MULTIVITAMIN
NUTRITIONAL SUPPORT
FOR MOM & BABY



Suggested Use: Adults take 1 capsule 3 times daily. May be taken with or without food. Capsules may be opened and contents may be added to water or raw juice. Not intended for children.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	5	Organic <i>Vitex negundo</i> (seed) containing mixed Tocopherols	4 mg +
Total Carbohydrate	1 g 1% ¹	RAW Organic Fruit & Vegetable Blend	870 mg +
Protein	1 g 2% ¹	Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)	
Vitamin A* (as beta-carotene)	5,000 IU 100%	Prenatal Digestive Comfort Blend	77 mg +
Vitamin C*	60 mg 100%	Ginger (root and rhizome), <i>Lactobacillus plantarum</i> , <i>Lactobacillus bulgaricus</i> , <i>Lactobacillus rhamnosus</i> [6 Billion CFU], <i>Saccharomyces cerevisiae</i>	
Vitamin D* (as D3)	1,400 IU 350%	RAW Organic Sprout Blend	10 mg +
Vitamin E*	30 IU 100%	Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Flax Seed Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Chia Seed Sprout, Organic Sesame Seed Sprout	
Vitamin K* (as MK-7)	50 mcg 60%		
Thiamin* (Vitamin B1)	1.5 mg 100%		
Riboflavin* (Vitamin B2)	1.7 mg 100%		
Niacin* (as Niacinamide)	20 mg 100%		
Vitamin B6*	2 mg 100%		
Folate*	800 mcg 200%		
Vitamin B12* (as Methylcobalamin)	6 mcg 100%		
Biotin*	300 mcg 100%		
Pantothenic Acid*	10 mg 100%		
Calcium*	125 mg 15%		
Iron*	18 mg 100%		
Iodine*	150 mcg 100%		
Magnesium*	38 mg 10%		
Zinc*	7.5 mg 50%		
Selenium*	50 mcg 70%		
Copper*	0.7 mg 35%		
Manganese*	2 mg 100%		
Chromium*	50 mcg 40%		
Molybdenum*	75 mcg 100%		

¹ Percent Daily Values are based on a 2,000 calorie diet.
+ Daily Value not established.

Other Ingredients: Vegetable cellulose (capsule), organic rice (null).

*To learn more about the **RAW Food-Created Nutrients[™]** used exclusively by Garden of Life, go to www.gardenoflife.com.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no filler ingredients, artificial colors or preservatives.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Distributed by Garden of Life LLC

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Made in the U.S.A.



100%
Certified
Organic
Energy

www.gardenoflife.com

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