Being the major protein in milk, casein is one of the highest-quality proteins known to man. Unfortunately, inferior processing techniques can alter or denature this superior protein. Denatured caseins, such as sodium and potassium caseinate, dominate the marketplace but are devoid of the best qualities that make pure, native casein so wonderful.

Native casein, also known as micellar casein, is a special product produced in the absence of high heat and caustic chemicals through a gentle filtration method. It is easily differentiated from its denatured cousin by its superior, clean, creamy taste and ability to disperse instantly without becoming chalky or thick. In addition, micellar casein has superior health-inducing properties by optimizing muscular and whole-body recovery and repair.

Micellar Crème™ is the epitome of excellence for a casein protein product. It contains fresh, native micellar casein that is not tainted with inferior caseinate salts. Micellar Crème™ mixes instantly with a spoon, has a creamy, smooth mouthfeel and tastes just like a real milkshake.

SUGGESTED USE: Mix one scoop of Micellar Crème™ per 8 oz of water or milk. For those with lower protein needs, one half scoop may be consumed with 4 oz of water or milk. Note the extra calories when combined with milk. Consume Micellar Crème™ two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Micellar Crème™ mixes instantly with a spoon and tastes great . . . GUARANTEED!

Notice: Use this product as a food supplement only. Do not use for weight reduction.





Manufactured for: 5103. Inc. PO Box 1715 Cape Girardeau, MO 637Ø2 USA (866) 333-SIØ3 (74Ø3)

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Nutrition Facts

Serving Size: 1 Level Scoop (29g) Servings Per Container: 31

	Servings Fer Container. 31					
	Amount Per Serving					
ı	Calories Calories from F	100 at 0				
			% Da	aily Value*		
	Total Fat	0g		0%*		
	Saturated Fat	0g		0%*		
	Trans Fat	0g				
1	Cholesterol	20mg		7%*		
П	Sodium	95mg		4%*		
П	Potassium	220mg		6%*		
ı	Total Carbohydra	te 5g		2%*		
ı	Dietary Fiber	0g		0%*		
ı	Sugars	5g				
ı	Protein	20g		40%*		
ı	Vitamin A 0%	/	/itamin C	0%		
ı	Calcium 60%	1	ron	0%		
ı	Phosphorus 40%	N	/lagnesiu	m 8%		
ı	 Percent Daily Values Your daily values may your calorie needs: 	s are based on y be higher or l	a 2,000 ca lower depe	lorie diet. ending on		
ı		Calories:	2,000	2,500		
ı	Total Fat Sat Fat	Less than Less than	65g 20g	80g 25g		
۱	Cholesterol Sodium Potassium Total Carbohydrate	Less than Less than 2	300mg ,400mg	300mg 2,400mg 3,500mg 375g		
	Dietary Fiber Protein		25g 50g	30g		

Calories per gram:

Important Amino Acids Per 100 Grams Of Protein

ı	Arginine●	3.7g
ı	Glutamine●	7.1g
ı	Histidine*	2.7g
ı	Isoleucine‡*	5.3g
ı	Leucine‡*	9.6g
ı	Lysine*	8.4g
ı	Methionine*	2.8g
ı	Phenylalanine*	4.9g
ı	Threonine*	4.5g
ı	Tryptophan*	1.4g
ı	Valine‡*	6.4g

- * Essential Amino Acids
- # Branched-Chain Amino Acids
- Important Nonessential Amino Acids

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

IIV Zero Fat Mixes Instantly Sustained-Release Formula Rich, Creamy Milkshake Flavor Zero Denatured Caseinate Salts

Net Weight: 32.0 oz (2.00 lb) (907 g)

INGREDIENTS: Micellar casein (milk) protein concentrate, natural and artificial flavors, silicon dioxide, salt, vanilla bean powder, acesulfame-K, sucralose.

Carbohydrate 4 • Protein