

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

CLA (conjugated linoleic acid) is a naturally occurring fatty acid found in cell membranes and in breast milk. CLA has been shown in clinical studies to help maintain lean muscle mass.[†] The typical dosage used in clinical studies is 3-6 grams per day.

Pregnant or lactating women should consult their healthcare professional before using this product.

Tonalin® is a registered trademark of Cognis Corporation. Nutritional uses on Tonalin® licensed to Cognis under U.S. patents #5,428,072, 5,554,646 and 5,430,066.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Tonalin® CLA
The Shape Of Things To Come™
1,000 mg

Providing 780 mg of pure CLA

Supports Lean Muscle Mass[†]

Dietary Supplement

90 SOFTGELS



Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	30	
Calories from Fat	30	
Total Fat	3 g	5%**
Pure Tonalin® CLA Complex (from Safflower Oil)	3,000 mg	*

* Daily Value not established.

** Percent Daily Value is based on a 2,000 calorie diet.

OTHER INGREDIENTS: CAPSULE (GELATIN), GLYCERIN, WATER
SUGGESTED USE: Take three softgels up to two times daily with food.

Typical Fatty Acid composition:

Conjugated Linoleic Acid (CLA)	2,340 mg
Oleic Acid	270 mg
Palmitic Acid	240 mg
Stearic Acid	90 mg
Linoleic Acid	60 mg

KEEP OUT OF REACH OF CHILDREN.

VVL 151-90E

