

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Valerian Root extract is known as *Valeriana officinalis*, a natural alternative promoting relaxation and a good night's rest.† When combined with passion flower and magnesium, this herbal extract provides optimal calming support.†

Pregnant or lactating women should consult their health care professional before using this product.

The Ultimate Extract® process makes our Valerian Root easier to digest and more available than plain powder. Our product conforms to mode of administration as established by the German Commission E monograph and contains Valerian extract powder from the highest grade whole root.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Ultimate Extract®
VALERIAN ROOT
125 mg

with Passion Flower
Promotes Rest and Relaxation†

Dietary Supplement



100 VEGETARIAN TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 100

Amount Per Serving	% Daily Value
Magnesium (as magnesium carbonate) .. 18 mg	5%
Valerian Root Extract (4:1)..... 125 mg	*
Passion Flower Extract (4:1).... 30 mg	*

* Daily Value not established.

OTHER INGREDIENTS: CELLULOSE, CALCIUM STEARATE (VEGETABLE SOURCE), GLYCERIN.

SUGGESTED USE: Take one tablet daily with 8 oz. warm water, one hour before bedtime.

KEEP OUT OF REACH OF CHILDREN. VVL 150-100J



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