

Manufactured by Anabolic Laboratories, LLC
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CONTAINS: FISH

Complete Omega Complex™ softgels provide a balanced blend of essential fatty acids (EFAs) from borage, fish, and flax oils sourced from non-GMO supplies. These nutrients play an important role in maintaining heart, skin, cell membrane, and nerve health.†

Fatty Acid composition:

Gamma-Linolenic Acid (GLA)	76 mg
Alpha-Linolenic Acid (ALA)	212 mg
Eicosapentaenoic Acid (EPA)	72 mg
Docosahexaenoic Acid (DHA)	48 mg
Oleic Acid	154 mg
Linoleic Acid	176 mg
Total Omega-3 Fatty Acids	332 mg
Total Omega-6 Fatty Acids	252 mg
Total Omega-9 Fatty Acids	154 mg

**We Guarantee Our Supplements
for Potency and Purity**

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**ANABOLIC
LABORATORIES**



**Professional
Formula**

COMPLETE OMEGA COMPLEX™

Provides a Balanced Blend
of Essential Fatty Acids†

Dietary Supplement

90 SOFTGELS

DIRECTIONS: Take one softgel up to five times daily with food.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving	% Daily Value
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Total Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	0.5 g	**

Borage Oil	400 mg	**
Fish Oil [from Anchovies (<i>Engraulis ringens</i>), Sardines (<i>Sardinops sagax</i>), and/or Mackerel (<i>Trachurus symmetricus</i>)]	400 mg	**
Flax Oil	400 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS: CAPSULE (GELATIN), GLYCERIN,
WATER, MIXED TOCOPHEROLS.

KEEP OUT OF REACH OF CHILDREN.

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