Directions: As a dietary supplement, take the contents of one pack daily with food

Ultra Mega® Green Women's Multivitamin

# Supplement Facts Amount Per Serving

ociving olze two Eight dicent ouplets			diliger noot Extract (Ziligiber officiliale)
Amount Per Serving	9	% Daily Value	(5% Gingerols = 0.50 mg), Cellulase, Bromelain, Papain
Vitamin A	5000 IU	100%	* Daily Value not established.
Vitamin C	100 mg	167%	Other Ingredients: Cellulose, Niacinamide <sup>‡</sup> , Ascorbic Acid <sup>‡</sup>
Vitamin D	1000 IU	250%	Oxide <sup>‡</sup> , Calcium Carbonate, d-alpha Tocopherol, Selenium Y
Vitamin E	30 IU	100%	Pantothenate <sup>‡</sup> , Magnesium Oxide, Stearic Acid Vegetable S
Vitamin K	80 mcg	100%	Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate <sup>‡</sup> , Magnesium Stearate Vegetable Source, Calcium d-Pantothi
Thiamin (Vitamin B-1)	5 mg	333%	Methylcobalamin, Titanium Dioxide (Natural Mineral Whiten
Riboflavin (Vitamin B-2)	5 mg	294%	Ergocalciferol, Pyridoxine Hydrochloride <sup>‡</sup> , Vitamin A Palmita
Niacin	25 mg	125%	Acetoglycerides, Thiamine Hydrochloride <sup>‡</sup> , Niacinamide, Phy
Vitamin B-6	25 mg	1250%	Magnesium HPC <sup>†</sup> , Folic Acid <sup>‡</sup> , Potassium Iodide, Thiamine H
Folic Acid	400 mcg	100%	Chloride, Riboflavin, Biotin, Biotin <sup>‡</sup> , Sodium Selenate <sup>‡</sup> , Copp
Vitamin B-12	150 mcg	2500%	Chloride‡, Folic Acid, Sodium Molybdate‡, Molybdenum HPC Chlorophyll, Cyanocobalamin‡.
Biotin	300 mcg	100%	†HPC (Hydrolyzed Protein Chelate)
Pantothenic Acid	25 mg	250%	Conforms to USP <2091> for weight.
Calcium	50 mg	5%	Conforms to our <2091> for weight.
lodine	150 mcg	100%	
Magnesium	25 mg	6%	
Zinc	20 mg	133%	
Selenium	200 mcg	286%	Energy Formula
Copper	2 mg	100%	Summla mand
Manganese	2 mg	100%	Supplement
Chromium	120 mcg	100%	Serving Size One Dark Green Capsule
Molybdenum	75 mcg	100%	
			Amount Per Serving

Fruit Extract, Brussels Sprout Powder		
Lycopene (from Tomato)	1 mg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Women's Health & Resulty Rlend	17 mg	*

Cranberry Fruit Extract, Horse Chestnut Seed Powde

### Supplement Facts Serving Size One White Capsule

Amount Per Serving		
Sicilian Blood Orange Fruit and Peel Extract (Citrus sinensis)	100 mg	*
Watermelon Fruit Extract ( <i>Citrullus lanatus</i> ) (5% Citrulline = 5 mg)	100 mg	*
CurcuWIN™ Turmeric Extract ( <i>Curcuma longa</i> )(root)	50 mg	*

Silicon Dioxide, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener).

Conforms to USP <2091> for weight Meets USP <2040> disintegration.

KEEP OUT OF REACH OF CHILDREN

SHOP NOW @ GNC.COM

Store in a cool, dry place

For More Information: 1-888-462-2548

Pittsburgh, PA 15222

ACTUAL SIZE

using this product if you are pregnant, nursing, taking medication, or have a

weeks prior to surgery.

Gluten Free, No Soy, No Dairy.

# Supplement Facts

ount Per Serving

inberry Fruit Extract (Vaccinium macrocarpon) 25 mg % Proanthocyanidin = 0.25 mg) Ion Juice Concentrate (Cucumis melo) 2 mg 400 mcg

Daily Value not established.

anthin (as Zeaxanthin Isomers)

Other Ingredients: Cellulose, Vegetable Cellulose Capsule, Dicalcium Phosphate, Silicon Dioxide, Magnesium Stearate Vegetable Source.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

# Supplement Facts

nger Root Extract (Zingiber officinale)

/ing	Size	une	Dark	Green	Capsule	

Amount Per Serving		
Guarana Seed Extract (Paullinia cupana)(36% Caffeine = 25 mg)	70 mg	*
Green Tea Leaf Extract (Camellia sinensis)(50% Caffeine = 25 mg)	50 mg	*
Cocoa Seed Powder (Theobroma cacao)	50 mg	*
Ginkgo biloba Leaf Extract	50 mg	*
(24% Ginkgo Flavone Glycosides = 12 mg)(6% Terpene Lactones =	= 3 mg)	

Daily Value not established

Other Ingredients: Cellulose, Vegetable Cellulose Capsule, Magnesium Stearate Vegetable

Source, Silicon Dioxide, Chlorophyll. Contains 50 mg of caffeine.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration









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For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls

within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL

# GNC

# SuperFoods

# Ultra Mega Green Women's Active

DIETARY SUPPLEMENT

## WHOLE FOOD ENHANCED VITAPAK® PROGRAM

Provides performance, recovery, beauty and antioxidant support\*

















# ULTRA MEGA® GREEN

Whole Food Enhanced Vitapak® Program

Made with cultured vitamins and minerals, clinically researched ingredients and fruits and vegetables.

# WOMEN'S HEALTH

NEW!

Contains essential vitamins and minerals for overall health. Enhanced with cranberry for urinary health.\*

# PERFORMANCE

Contains caffeine from naturally energizing tea and guarana to support exercise performance, and an array of B vitamins needed for energy production.\*

## RECOVERY

Features a clinically researched Sicilian blood orange extract shown to lower markers of oxidative stress in athletes.\*

### BEAUTY

Has biotin and lutein to support healthy hair, skin and nails.\*

## ANTIOXIDANTS

Packed with powerful antioxidants from a clinically researched blend of fruits and vegetables, as well as turmeric, to minimize the effects of free radicals that can be produced by intense exercise.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease,