

02M14NL

Best by:

Lot No:



Directions: Adults take four (4) capsules daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 4 capsules  
Servings Per Container 30

| Amount Per Serving                                                                                                                  | % Daily Value        |
|-------------------------------------------------------------------------------------------------------------------------------------|----------------------|
| Vitamin A (as beta carotene, retinyl palmitate).....                                                                                | 5,000 I.U. .... 100% |
| natural mixed carotenoids                                                                                                           |                      |
| Vitamin C (as calcium ascorbate).....                                                                                               | 300 mg..... 500%     |
| Vitamin D (as ergocalciferol).....                                                                                                  | 200 I.U. .... 50%    |
| Vitamin E (as d-alpha tocopheryl acid succinate).....                                                                               | 300 I.U. .... 1,000% |
| Vitamin K (as phytinone).....                                                                                                       | 25 mcg..... 63%      |
| Thiamin (Vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride).....                                              | 25 mg..... 1,471%    |
| Riboflavin (Vitamin B2) (as riboflavin, riboflavin 5' phosphate).....                                                               | 50 mg..... 250%      |
| Niacin (as niacinamide, niacin, inositol hexanicotinate).....                                                                       | 50 mg..... 2,500%    |
| Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate).....                                                               | 800 mcg..... 200%    |
| Vitamin B12 (as cyanocobalamin).....                                                                                                | 500 mcg..... 6,333%  |
| Biotin (as D-biotin).....                                                                                                           | 200 mcg..... 67%     |
| Pantothenic Acid (as calcium D-pantothenate, pantothenic acid).....                                                                 | 100 mg..... 1,000%   |
| Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium citrate, calcium gluconate, calcium lactate, calcium phosphate)..... | 200 mg..... 20%      |
| Phosphorus (as calcium hydroxyapatite, dicalcium phosphate).....                                                                    | 74 mg..... 7%        |
| Iodine (as kelp).....                                                                                                               | 150 mcg..... 100%    |
| Magnesium (as magnesium tris chelate, oxide, citrate).....                                                                          | 200 mg..... 50%      |
| Zinc (as zinc monomethionine).....                                                                                                  | 20 mg..... 133%      |
| Selenium (as L-selenomethionine).....                                                                                               | 200 mcg..... 266%    |
| Copper (as copper citrate).....                                                                                                     | 1 mg..... 50%        |
| Manganese (as manganese citrate).....                                                                                               | 5 mg..... 250%       |
| Chromium (as chromium picolinate).....                                                                                              | 200 mcg..... 167%    |
| Molybdenum (as molybdenum citrate).....                                                                                             | 50 mcg..... 67%      |
| Potassium (as potassium citrate).....                                                                                               | 99 mg..... 3%        |
| Citrus bioflavonoid complex (citrus spp. (peel) (from lemon, orange and grapefruit).....                                            | 170 mg..... *        |
| Spirulina (algae).....                                                                                                              | 50 mg.....           |
| Chlorella (algae).....                                                                                                              | 50 mg.....           |
| Organic Barley Grass Juice powder (leaf).....                                                                                       | 50 mg.....           |
| Alfalfa Grass Juice & Fiber Concentrate.....                                                                                        | 50 mg.....           |
| Inositol (as inositol, inositol hexanicotinate).....                                                                                | 50 mg.....           |
| Choline (from 100 mg choline bitartrate).....                                                                                       | 46 mg.....           |
| Organic Aloe Vera (ACTValoe®) (inner fillet/leaf).....                                                                              | 40 mg.....           |
| Organic pumpkin (fruit).....                                                                                                        | 40 mg.....           |
| Tomato Extract (5% lycopene equal to 1mg).....                                                                                      | 20 mg.....           |
| Organic broccoli (sprout).....                                                                                                      | 20 mg.....           |
| Shiitake Mushroom.....                                                                                                              | 20 mg.....           |
| Enzyme Blend.....                                                                                                                   | 20 mg.....           |
| <b>Providing:</b>                                                                                                                   |                      |
| Protease (from aspergillus oryzae).....                                                                                             | 618 H.U.             |
| Amylase (from aspergillus oryzae).....                                                                                              | 212 D.U.             |
| Lipase (from ricinus oryzae).....                                                                                                   | 22 L.U.              |
| Cellulase (from trichoderma longibrachium).....                                                                                     | 2.5 C.U.             |
| Lactase (from aspergillus oryzae).....                                                                                              | 93.81 sec. U.        |
| Betaine (from 20 mg betaine hydrochloride).....                                                                                     | 15.2 mg.....         |
| Phytase (from aspergillus niger).....                                                                                               | 10 mg.....           |
| Boron (as boron citrate).....                                                                                                       | 1 mg.....            |

\* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), magnesium stearate, food starch, maltodextrin, silica, citric acid. Contains soy.

† Country Life always labels minerals in elemental weight.

Do not accept if seal is broken. Store between 59°-86° F.

Keep out of the reach of children.

**CAUTION:** If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Manufactured by Country Life, LLC

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CountryLifeVitamins.com

Product No. 8150

chromax® ACTiValoe®

# BEYOND FOOD®

IRON FREE

## Certified Gluten-Free MULTIVITAMIN & MINERAL

- Over 500 mg of whole foods blend
- Coenzyme B-Vitamins for Energy Metabolism\*\*
- Full Spectrum Enzyme Blend

MAXI-Sorb®  
Delivery System

Dietary Supplement **120** Vegan Capsules

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

Country Life®'s Beyond Food® is a high quality multivitamin and mineral that also includes over 500 mg of Country Life®'s exclusive whole foods blend from fruits and vegetables to support overall health.\*\* Includes coenzymated B-Vitamins for energy metabolism and a full spectrum digestive enzyme blend.\*\* Beyond Food® uses Country Life®'s exclusive Maxi-Sorb® delivery system and is iron-free. Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. ACTiValoe® is a registered trademark of Aloecorp, Inc.

H.U. - Haemoglobin Units  
L.U. - Lipase Units  
Lac.U. - Lactase Units

D.U. - Dextrinizing Units  
C.U. - Cellulase Units

**\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**YES** CERTIFIED GLUTEN-FREE BY GFCD.ORG  
**YES** CERTIFIED VEGAN BY THE AVA  
**YES** RECYCLABLE PACKAGING  
**YES** MANUFACTURING SUPPORTS WIND POWER  
**YES** KOSHER  
**NO** MILK OR PRESERVATIVES  
**NO** ARTIFICIAL COLORS OR FLAVORS  
**NO** ARTIFICIAL SWEETENERS

This product has been manufactured at a GMP Registered facility.