

Typical Fatty Acid composition:

Gamma-Linolenic Acid (GLA).....	76 mg
Alpha-Linolenic Acid (ALA).....	212 mg
Eicosapentaenoic Acid (EPA).....	72 mg
Docosahexaenoic Acid (DHA).....	48 mg
Oleic Acid.....	154 mg
Linoleic Acid.....	176 mg
Total Omega-3 Fatty Acids.....	332 mg
Total Omega-6 Fatty Acids.....	252 mg
Total Omega-9 Fatty Acids.....	154 mg

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish.

Ultimate Omega Complex™ softgels provide a balanced blend of essential fatty acids (EFAs) from borage, fish, and flax oils sourced from non-GMO supplies. These nutrients play an important role in maintaining heart, skin, cell membrane, and nerve health.†

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ULTIMATE OMEGA COMPLEX™

Provides a Balanced Blend of
Essential Fatty Acids†

Dietary Supplement

90 SOFTGELS



Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving	% Daily Value	
Total Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	0.5 g	
Borage Oil.....	400 mg	**
Fish Oil (from Anchovies (<i>Engraulis ringens</i>), Sardines (<i>Sardinops sagax</i>), and/or Mackerel (<i>Trachurus symmetricus</i>).....	400 mg	**
Flax Oil.....	400 mg	**

* Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value not established.

OTHER INGREDIENTS: CAPSULE (GELATIN), GLYCERIN, WATER, MIXED TOCOPHEROLS.

SUGGESTED USE: Take one softgel up to five times daily with food.

KEEP OUT OF REACH OF CHILDREN.

WL 138-90L

