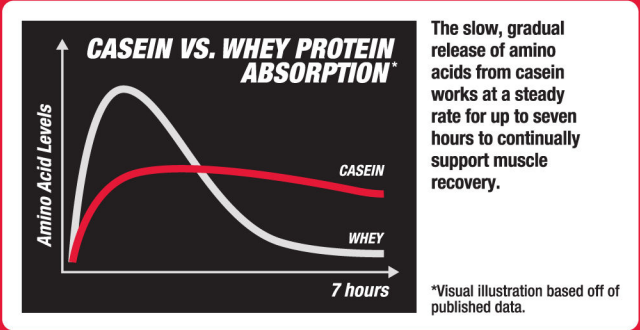


7-HOUR SUPPLY OF
MUSCLE-BUILDING AMINOS

100% Casein helps keep your muscles satisfied for over 7 hours with a rich pool of slow-releasing amino acids, the foundation for lean muscle. This product is made with 100% micellar casein, a milk protein naturally rich in glutamine and branched chain amino acids (BCAA) with unique digestive properties. Unlike whey protein, micellar casein remains in your stomach longer during digestion, slowly releasing amino acids into your bloodstream and gradually feeding your muscles. This product provides 100% micellar casein, making it the best choice before bedtime or anytime your body needs a steady supply over a long period of time.

Table with 4 columns: Activity, Daily Dose, Protein (g), Benefits. Rows include No Training/Rest Day, Cardio Training, Resistance Training, and Cardio & Resistance.



INFORMED-CHOICE .ORG
Trusted by sport
Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2015 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



100%
CASEIN
PROTEIN

SLOW-RELEASE MICELLAR FORMULA

Supports Muscle Recovery & Repair

5g BCAA and 5g Glutamine

Gluten-Free Formula

25G PROTEIN | 120 CALORIES | <1G SUGAR | 3G CARBS

CHOCOLATE SUPREME
NATURAL AND ARTIFICIAL FLAVORS

28 SERVINGS
Net Wt 34.51 oz (2.16 lb) 980 g



CODE 386416

EQG

DIRECTIONS: Add one scoop (35g) to 10 fl. oz. of cold water, milk or your favorite beverage and blend well. Take first thing in the morning, between meals and before bed. Follow the recommended dosage chart for best results on both training and non-training days.

Nutrition Facts
Serving Size One Scoop (35g)
Servings Per Container 28
Amount Per Serving
Calories 120
Calories from Fat 10
% Daily Value†
Total Fat 1g 2%
Saturated Fat 0.5g 3%
Trans Fat 0g
Cholesterol 20mg 7%
Sodium 230mg 10%
Potassium 290mg 8%
Total Carbohydrate 3g 1%
Dietary Fiber 1g 4%
Sugars <1g
Protein 25g
Vitamin A 0% Vitamin C 0%
Calcium 60% Iron 6%
† Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Sat. Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2400mg 2400mg
Potassium Less than 3500mg 3500mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Protein 50g 65g
Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: Micellar Casein, Cocoa (Processed with Alkali), Natural and Artificial Flavors, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- and Diglycerides, Tocopherols, Tricalcium Phosphate), Salt Substitute (Salt, Sodium Gluconate, Potassium Chloride), Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin, Salt, Sucralose, Acesulfame Potassium, Polydextrose, Caramel Color.

CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.



Stack with Pro Performance® 100% Whey Protein, Creatine Monohydrate 5000™ and Glutamine 5000™.

THREE WAYS TO ENJOY YOUR
100% CASEIN PROTEIN

1 SHAKE
Combine with cold water, milk or your favorite beverage in a shaker cup



2 BLEND
Make a delicious smoothie adding fruits, juices, peanut butter or yogurt



3 EAT
Mix powder in your oatmeal, yogurt or your favorite food



Table with 2 columns: Amino Acid, Amount. Rows include Alanine, Arginine, Aspartate, Cystine, Glutamine & Glutamic Acid, Glycine, Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Proline, Serine, Threonine, Tryptophan, Tyrosine, Valine, and Total (25000 MG).