

SUGGESTED USE: Take one softgel up to six times daily.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Flaxseed oil is nature's richest vegetarian source of the essential fatty acids, ALA (omega-3) and LA (omega-6). These fatty acids produce prostaglandins that help maintain healthy skin, joints and cell membrane structure as well as promote cardiovascular and nervous system health.[†]

Our **Flaxseed Oil** is made from organic flax seeds and is cold pressed, unfiltered, unbleached and free of hexane. The flaxseed oil in this product is certified organic by Quality Assurance International (QAI).

The flax seeds in this product do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics. We source only natural, organic raw materials that promote the use of renewable resources and conservation and are reviewed by USDA-approved organic certifiers.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Cold-Pressed and Hexane-Free
FLAXSEED OIL
1,000 mg

Made with Organic Flaxseeds

Dietary Supplement

90 SOFTGELS



Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving	% Daily Value	
Total Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	0.6 g	**
Organic Flaxseed Oil	1,000 mg	**

* Percent Daily Values based on a 2,000 calorie diet. ** Daily Value not established.

OTHER INGREDIENTS: CAPSULE (GELATIN), GLYCERIN.



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Typical Fatty Acid composition:

Alpha-Linolenic Acid (ALA)	440 mg
Linoleic Acid (LA)	120 mg
Oleic Acid	142 mg

KEEP OUT OF REACH OF CHILDREN.

VVL 131-90R

