

plnt®
Pure living, naturally true®

Turmeric

Curcuma longa

Joint • Cardiovascular
Adaptogen° • Antioxidant°
Cellular health support°

Contains Black Pepper Extract
to help with absorption

60 Capsules | Dietary Supplement



Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Turmeric (<i>Curcuma longa</i>)(Root) Std. to 95% curcuminoids (427.5 mg)	450 mg	*
Black Pepper Extract (<i>Piper nigrum</i>)(Fruit)	5 mg	*

* Daily Value not established.

Other ingredients: Vegetable Cellulose, Silica (natural).

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors, Artificial Flavors or Magnesium Stearate.

○ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) vegetarian capsule, 1-2 times per day, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medications or have any medical condition.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit www.vitaminshoppe.com or call
1-800-223-1216 for more information and
to reorder.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT: Do not use if outer
seal is broken or missing.



Item No. VS-3302

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