

Fish liver oil provides a natural source of **Vitamin A & D**. These two important fat-soluble vitamins are needed to promote strong teeth, bones, and eyes, as well as support growth and the immune system.† Our formula contains natural oils since fat-soluble vitamins require the presence of fat for optimal absorption.†

In compliance with State of California health laws, be advised this product contains Vitamin A in a daily dosage in excess of 10,000 IU. Large amounts of Vitamin A are known to cause birth defects or other reproductive harm. Children, women who are pregnant, or women who may become pregnant should not use this product except under the advice of a physician.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

VITAMIN A & D 10,000 IU & 400 IU

Supports Bones, Teeth and Eye Health†

Dietary Supplement



100 SOFTGELS

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 100

Amount Per Serving	% Daily Value	
Vitamin A (from cod liver oil)	10,000 IU	200%
Vitamin D (cholecalciferol).....	400 IU	100%

OTHER INGREDIENTS: CAPSULE (GELATIN), PURIFIED WATER, GLYCERIN, SOYBEAN OIL, CORN OIL.

SUGGESTED USE: Take one softgel daily with food.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts or crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN. VVL 105-100J

