

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



NUTRITION FROM THE SOURCE™

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. #5832
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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Product No. 5832 B51484 14F

MAGNESIUM 250 mg

MINERALS

**Supports Bone and
Muscle Health***

200 Coated Caplets | VEGETARIAN DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) caplet up to two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Magnesium (as Magnesium Oxide)	250 mg	63%

Other Ingredients: Vegetable Cellulose, Silica. **Contains <2% of:** Magnesium Silicate, Medium Chain Triglycerides, Polydextrose, Titanium Dioxide Color, Vegetable Magnesium Stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Magnesium plays an essential role in maintaining proper bone mineralization.* Magnesium is also involved in muscle contractions and nerve impulses.*